

Park Rapids
Oct 16 2017

1	West Central Area	+	69	23 Jenna Manecke	Bagley/Fosston	22:22.1	
2	East Grand Forks	+	101	24 Katie McConkey	Detroit Lakes	22:24.0	
3	Lake Park Audubon	+	129	25 Mckenna Garrett	East Grand Forks	22:27.2	
4	Staples Motley	+	156	26 Holly Johnson	Park Rapids	22:29.8	
5	Detroit Lakes	+	174	27 Kennedy Porter	West Central Area	22:32.9	
6	DGF	+	193	28 Mia Tickel	Hawley	22:35.4	
7	Pelican Rapids	+	199	29 Haley Pickar	Park Rapids	22:37.7	
8	Pequot Lakes	+	204	30 Carly Fritz	Detroit Lakes	22:40.0	
9	Park Rapids	+	219	31 Izzy Olson	Lake Park Audubon	22:42.0	
10	LPGE	+	252	32 Emily Kain	Detroit Lakes	22:48.2	
11	Roseau	+	363	33 Megan Och	LPGE	22:50.4	
12	Breck/Wahp	+	412	34 Beth Schauer	Lake Park Audubon	22:53.0	
	Varsity		Unofficial Time	35 Ellie Flaws	Pequot Lakes	22:55.3	
	Name	Team name	Time	36 Rachel Friberg	Pequot Lakes	22:57.9	
1	Kira Sweeney	Staples Motley	19:44.7	37 Ellie Johnson	Pelican Rapids	23:00.2	
2	Lexi Bright	West Central Area	19:55.7	38 Rachael Guler	Pelican Rapids	23:02.7	
3	Katherine Geist	Crookston	20:02.0	39 Quincie Floden	East Grand Forks	23:04.5	
4	Ellie Morgan	Frazee	20:37.9	40 Emma Friend	DGF	23:08.7	
5	Abby Syverson	Pelican Rapids	20:48.1	41 Zoe Allen	Detroit Lakes	23:15.3	
6	Addison Lorber	Staples Motley	20:51.3	42 Grace Konzemius	Breck/Wahp	23:18.3	23:02
7	Lily Peterson	Lake Park Audubon	20:57.0	43 Amelia Landsverk	Bagley/Fosston	23:24.8	
8	Ashley Robben	Staples Motley	21:04.0	44 Thea Mattson	Lake Park Audubon	23:30.1	
9	Marin Garrett	East Grand Forks	21:06.0	45 Cassidy Allard	East Grand Forks	23:32.6	
10	Ella Van Kempen	West Central Area	21:10.4	46 Rachel Gowin	Breck/Wahp	23:35.0	23:20
11	Teagen Nelson	West Central Area	21:18.7	47 Emma Fegely	Detroit Lakes	23:37.2	
12	Lydia Floden	East Grand Forks	21:21.2	48 Maria Orozco	LPGE	23:39.0	
13	Taytum Nelson	Lake Park Audubon	21:24.2	49 Reese Strand	Roseau	23:45.5	
14	Grace McGuire	Pequot Lakes	21:27.3	50 Brianna Young	LPGE	23:48.0	
15	Megan Danielson	Frazee	21:32.4	51 Brooklyn Erickson	Ada-Borup/NCW	23:53.2	
16	Mckenna Langerud	East Grand Forks	21:40.5	52 Katherine Finseth	DGF	24:02.4	
17	Baylie Narum	DGF	21:48.3	53 Carly Scherzer	Bagley/Fosston	24:04.1	
18	Maddie Guler	Pelican Rapids	21:51.7	54 Nicole Young	Pequot Lakes	24:05.7	
19	Bryn Fernholz	West Central Area	22:07.7	55 Itzel Salazar	LPGE	24:08.2	
20	Olivia Winfrey	Ada-Borup/NCW	22:10.2	56 Grace Schauer	Lake Park Audubon	24:12.8	
21	Marissa John	DGF	22:12.7	57 Kaitlyn Smith	Staples Motley	24:24.4	
22	Whitney Steffel	Park Rapids	22:19.4	58 Maria Schauer	Lake Park Audubon	24:27.3	
				59 Chloe Larue	West Central Area	24:29.8	

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60	Cortney Brodsho	Detroit Lakes	24:31.9	
61	Julia Harmon	Park Rapids	24:41.8	
62	Grace Rames	DGF	24:44.3	
63	Steph Toms	West Central Area	24:51.4	
64	Dera Engholm	Pequot Lakes	24:54.7	
65	Madison Spaeth	LPGE	24:59.2	
66	Emily Bruder	LPGE	25:01.2	
67	Autumn Dimich	Roseau	25:03.5	
68	Leigh Jones	Detroit Lakes	25:07.6	
69	Rebecca Berscheit	LPGE	25:15.8	
70	Madicyn Holmgren	Roseau	25:18.4	
71	Emma Waling	Roseau	25:28.9	
72	Katrina Quick	Ada-Borup/NCW	26:04.6	
73	Julie Quo	LOW	26:07.8	
74	Alexandra Kirlin	Park Rapids	26:11.6	
75	Emily Gillette	Crookston	26:18.2	
76	Abby Brown	Staples Motley	26:20.2	
77	Meredith Smart	Ada-Borup/NCW	26:31.5	
78	Lydia Beauclair	West Marshall Fusion	26:43.8	
79	Gracie Johnson	Lake Park Audubon	26:53.1	
80	Molly Dirks	Hillcrest	27:14.3	
81	Madysen Hull	Staples Motley	27:41.1	
82	Kayley Lindblad	Breck/Wahp	28:08.2	27:51
83	Skylar Thingvold	Roseau	28:21.1	
84	Hannah Richardson	Pelican Rapids	28:28.4	
85	Harley Stroburg	Frazee	28:31.9	
86	Julianne Lee	Hillcrest	29:37.8	
87	Starr Johnson	West Marshall Fusion	30:13.1	
88	Mallory Belcourt	Breck/Wahp	30:15.9	30:06
89	Karen Valencia	Park Rapids	32:54.2	
90	Josie Welder	Breck/Wahp	35:51.7	35:51

Jr Varsity		
Name	Team name	Time
1 Lily Frohman	Lake Park Audubon	24:19.1
2 Brianna Huesman	Lake Park Audubon	25:05.7
3 Anneka Lindstrom	Detroit Lakes	25:22.6
4 Kaylee McMichael	Detroit Lakes	25:37.9
5 Emma Tieken	Detroit Lakes	25:58.6
6 Hailey Frohman	Lake Park Audubon	26:02.9
7 Taylor Pesch	East Grand Forks	26:15.7
8 Molly Tinjum	Detroit Lakes	26:36.2
9 Faith Justesen	Hawley	26:39.5
10 Samantha Collins	Detroit Lakes	26:41.2
11 Lydia Bjorklund	Nevis	26:46.0
12 Katrina Okeson	Detroit Lakes	27:29.3
13 Hailey Blonigan	Detroit Lakes	27:32.2
14 Carly Steiner	West Central Area	27:34.5
15 Zoe Balda Steffens	Clearbrook/Gonvick	27:37.1
16 Cara Seaberg	Detroit Lakes	27:44.3
17 Katie Steffl	Detroit Lakes	27:50.1
18 Maddi Haugen	DGF	29:00.7
19 Tori Carrier	Nevis	29:03.3
20 Arabella Corey	Clearbrook/Gonvick	29:05.8
21 Tia Ahner	West Central Area	29:34.4
22 Lyla Hansen	Detroit Lakes	29:44.3
23 Kristen Weems	Clearbrook/Gonvick	31:20.8
24 Sheyenne Norberg	Detroit Lakes	31:50.1
25 Teresa Vanyo	East Grand Forks	32:35.3