

Girls Varsity

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| 1. West Central 64 | 6. Long Prairie-Grey Eagle 163 | 10. Team - Dilworth-Glyndon-Felton 220 |
| 2. Pelican Rapids 70 | 7. Detroit Lakes 186 | 11. Warroad 226 |
| 3. Pequot Lakes 139 | 8. Thief River Falls 190 | 12. Roseau 246 |
| 4. EGF 139 | 9. Frazee 214 | 13. Breckenridge-Wahpeton 315 |
| 5. Staples Motley High School 153 | | |

O'All Place	Adj Place	Bib No	Name	Team	Time	Pace	Grade		
1	(< 5)	2662	Lydia Kantonen	Park Rapids Area	19:32.4	3:54/K	12		
2	1	2791	Kira Sweeney	Staples Motley High School	19:41.3	3:56/K	8		
3	2	2747	Ellie Nelson	Roseau	19:47.0	3:57/K	11		
4	3	2546	Ellie Morgan	Frazee	19:59.4	4:00/K	11		
5	(< 5)	2421	Katherine Geist	Crookston	20:06.5	4:01/K	9		
6	4	2889	Lexi Bright	West Central	20:16.6	4:03/K	7		
7	5	2394	Bailee Heitkamp	Breckenridge-Wahpeton	20:20.7	4:04/K	9		
8	6	2896	Ella Van Kempen	West Central	20:28.6	4:06/K	10		
9	7	2716	Langworthy Sunshine	Pequot Lakes	20:30.7	4:06/K			
10	8	2809	Jerzie Finstad	Thief River Falls	20:33.7	4:07/K	9		
11	9	2692	Tianna Wald	Pelican Rapids	20:34.5	4:07/K	12		
12	10	2528	Marin Garrett	EGF	20:35.2	4:07/K	8		
13	11	2544	Megan Danielson	Frazee	20:36.7	4:07/K	10		
14	12	2688	Chloe Paulson	Pelican Rapids	20:44.1	4:09/K	8		
15	13	2691	Abby Syverson	Pelican Rapids	20:45.9	4:09/K	9		
16	(< 5)	2606	Lily Peterson	Lake Park Audubon High School	20:46.7	4:09/K	7		
17	14	2708	McGuire Grace	Pequot Lakes	20:47.5	4:09/K			
18	15	2890	Brynn Fernholz	West Central	20:53.2	4:11/K	8		
19	16	2891	Teagan Nelson	West Central	21:04.9	4:13/K	9		
20	(< 5)	2377	Amelia Landsverk	Bagley/Fosston	21:06.0	4:13/K	10		
21	17	2689	Mandi Sjolie	Pelican Rapids	21:06.9	4:13/K	9		
22	18	2441	Kenzie Ostlie	Detroit Lakes	21:11.1	4:14/K	12		
23	19	2684	Maddie Guler	Pelican Rapids	21:14.2	4:15/K	9		
24	20	2859	Kelby Goulet	Warroad	21:20.8	4:16/K	11		
25	21	2711	Skog Kristin	Pequot Lakes	21:23.2	4:17/K			
26	22	2862	Becca Heppner	Warroad	21:24.6	4:17/K	10		
27	23	2894	Carly Steiner	West Central	21:48.5	4:22/K	8		
28	24	2788	Addison Lorber	Staples Motley High School	21:49.8	4:22/K	7		
29	25	2532	McKenna Langerud	EGF	21:50.8	4:22/K	10		
30	26	2807	Brooklyn Brouse	Thief River Falls	22:15.1	4:27/K	8		
31	27	2634	Megan Och	Long Prairie-Grey Eagle	22:16.2	4:27/K	9		
32	(< 5)	2595	Anna Sygnabere	Hillcrest Lutheran Academy	22:21.2	4:28/K	11		
33	28	2785	Ameara Chenoweth	Staples Motley High School	22:21.9	4:28/K	7		
34	29	2633	Claire Liebsch	Long Prairie-Grey Eagle	22:23.1	4:29/K	12		
35	(< 5)	2378	Jenna Manecke	Bagley/Fosston	22:25.0	4:29/K	8		
36	30	2642	Madison Spaeth	Long Prairie-Grey Eagle	22:26.1	4:29/K	7		
37	31	2641	Itzel Salazar	Long Prairie-Grey Eagle	22:26.7	4:29/K	7		
38	32	2525	Kassidy Allard	EGF	22:27.7	4:29/K	8		
39	33	2447	Ellen Tieken	Detroit Lakes	22:29.8	4:30/K	12		
40	(< 5)	2668	Whitney Steffel	Park Rapids Area	22:32.2	4:30/K	10		
41	34	2423	Zoe Allen	Detroit Lakes	22:34.7	4:31/K	11		
42	35	2527	McKenna Garrett	EGF	22:36.6	4:31/K	10		
43	36	2504	Arianna Gerdon	Dilworth-Glyndon-Felton	22:37.7	4:31/K	10		
44	37	2526	Quincy Floden	EGF	22:38.2	4:32/K	8		
45	38	2686	Autumn Gummeringer	Pelican Rapids	22:51.3	4:34/K	9		
46	(< 5)	2620	Keairah Urrutia	Laporte	22:52.6	4:34/K	10		
47	39	2746	Maddie Jerome	Roseau	22:54.8	4:35/K	12		
48	40	2685	Rachael Guler	Pelican Rapids	22:55.0	4:35/K	8		
49	41	2508	Bailey Narum	Dilworth-Glyndon-Felton	23:04.5	4:37/K	11		
50	42	2449	Molly Tinjum	Detroit Lakes	23:05.7	4:37/K	9		
51	43	2547	Braylee Riewer	Frazee	23:12.0	4:38/K	7		
52	(< 5)	2571	Mia Tickel	Hawley	23:13.1	4:39/K	8		
53	44	2710	Hall Jannah	Pequot Lakes	23:23.0	4:41/K			

54	(< 5)	2667	Madison Steffel	Park Rapids Area	23:23.2	4:41/K	12		
55	45	2503	Emma Friend	Dilworth-Glyndon-Felton	23:27.9	4:41/K	7		
56	(< 5)	1286	Olivia Winfrey	A-B/NCW23:28.4	4:42/K	11			
57	46	2635	Kaitlyn Proell	Long Prarie-Grey Eagle	23:28.7	4:42/K	10		
58	47	2805	Elaina Ballard	Thief River Falls	23:31.0	4:42/K	8		
59	48	2507	Marissa John	Dilworth-Glyndon-Felton	23:31.3	4:42/K	7		
60	49	2793	Taylor Yungbauer	Staples Motley High School	23:32.4	4:42/K	12		
61	50	2511	Avery Tweeton	Dilworth-Glyndon-Felton	23:37.1	4:43/K	7		
62	51	2792	Mackenzie Wilds	Staples Motley High School	23:48.2	4:46/K	7		
63	(< 5)	2603	Brianne Huesman	Lake Park Audubon High School	23:49.8	4:46/K	11		
64	52	2868	Haley Syverson	Warroad	23:52.0	4:46/K	7		
65	53	2714	Friberg Rachel	Pequot Lakes	23:52.5	4:46/K			
66	54	2808	Morgan Espe	Thief River Falls	23:54.4	4:47/K	11		
67	55	2812	Kathryn Kruta	Thief River Falls	23:55.4	4:47/K	11		
68	56	2819	Abigail Semanko	Thief River Falls	24:00.3	4:48/K	10		
69	57	2744	Ivy Braaten	Roseau	24:02.6	4:48/K	12		
70	58	2892	Kennedy Porter	West Central	24:03.6	4:49/K	7		
71	59	2435	Kendra Kvebak	Detroit Lakes	24:04.5	4:49/K	12		
72	60	2425	Cortney Brodsho	Detroit Lakes	24:05.0	4:49/K	11		
73	61	2505	Shayley Gifford	Dilworth-Glyndon-Felton	24:05.4	4:49/K	12		
74	62	2816	Raquel Percy	Thief River Falls	24:10.1	4:50/K	8		
75	63	2790	Kaitlyn Smith	Staples Motley High School	24:17.8	4:51/K	9		
76	64	2436	Elizabeth Kvebak	Detroit Lakes	24:25.0	4:53/K	12		
77	65	2864	Sarah McFarlane	Warroad	24:34.6	4:55/K	9		
78	66	2713	Young Nicole	Pequot Lakes	24:37.3	4:55/K			
79	67	2861	Mia Hallett	Warroad	24:38.9	4:56/K	9		
80	(< 5)	2921	Elizabeth Parker	West Marshall	24:42.5	4:56/K	7		
81	68	2893	Kaitlin Porter	West Central	24:48.9	4:58/K	7		
82	69	2398	Vicoria Wilson	Breckenridge-Wahpeton	24:51.0	4:58/K	11		
83	70	2866	Ella Rourk	Warroad	24:52.4	4:58/K	8		
84	71	2390	Taylor Boll	Breckenridge-Wahpeton	24:53.2	4:59/K	9		
85	72	2545	Shania Lehman	Frazee	24:54.1	4:59/K	12		
86	(< 5)	2572	Kezia Wiggins	Hawley	24:54.3	4:59/K	7		
87	73	2751	Reese Strand	Roseau	24:55.1	4:59/K	10		
88	74	2789	Mikayla Sauber	Staples Motley High School	24:55.8	4:59/K	12		
89	75	2759	Autumn Dimich	Roseau	24:56.3	4:59/K	8		
90	76	2867	Kiara Slater	Warroad	24:59.8	5:00/K	10		
91	77	2510	Grace Rames	Dilworth-Glyndon-Felton	25:11.0	5:02/K	9		
92	(< 5)	2601	Hailey Frohman	Lake Park Audubon High School	25:15.6	5:03/K	9		
93	78	2748	Faith Restad	Roseau	25:16.9	5:03/K	9		
94	79	2749	Lacey Restad	Roseau	25:20.4	5:04/K	9		
95	80	2705	Flaws Ellie	Pequot Lakes	25:25.7	5:05/K			
96	81	2646	Rebecca Berscheit	Long Prarie-Grey Eagle	25:28.1	5:06/K	7		
97	(< 5)	2422	Emily Gillette	Crookston	25:38.7	5:08/K	9		
98	(< 5)	991	Korina Holte	A-B/NCW26:05.1	5:13/K	8			
99	82	2638	Erin Fischer	Long Prarie-Grey Eagle	26:09.4	5:14/K	9		
100	(< 5)	2917	Lydia Beauclair	West Marshall	26:22.5	5:16/K	11		
101	(< 5)	2920	Kandis Krantz	West Marshall	26:43.6	5:21/K	12		
102	(< 5)	2663	Alexandra Kirlin	Park Rapids Area	26:44.8	5:21/K	11		
103	83	2389	Mallory Belcourt	Breckenridge-Wahpeton	27:24.8	5:29/K	10		
104	84	2529	Alexis Hanson	EGF	27:29.4	5:30/K	9		
105	85	2548	Harley Stroburg	Frazee	27:47.0	5:33/K	11		
106	86	2531	Rebekah Krueger	EGF	27:58.8	5:36/K	10		
107	87	2396	Kayley Lindblad	Breckenridge-Wahpeton	28:05.8	5:37/K	10		
108	(< 5)	2605	Chloe Leno	Lake Park Audubon High School	28:39.7	5:44/K	10		
109	88	2395	Summer Hendrickx	Breckenridge-Wahpeton	28:41.8	5:44/K	11		
110	89	2549	Kaylynn Vennes	Frazee	29:10.7	5:50/K	9		
111	(< 5)	2649	JOHNSON KIER	LOW/INDUS/RR	33:41.4	6:44/K	9		