

John Hermes Invitational Cross Country Meet  
 Fergus Falls, MN  
 October 1, 2015  
 VARSITY GIRLS - 5K

1. 50 Alexandria ( 20:16.6 1:41:22.6 3:10.6)
2. 54 Sartell - St. Stephen ( 20:40.9 1:43:24.3 1:52.9)
3. 111 Ottertail Central ( 21:55.7 1:49:38.1 2:35.7)
4. 131 West Central Area ( 22:06.0 1:50:29.8 3:07.1)
5. 133 Detroit Lakes ( 22:18.6 1:51:33.0 3:05.6)
6. 157 Fargo South ( 22:43.3 1:53:36.1 2:13.5)
7. 179 Breckenridge - Wahpeton ( 23:03.3 1:55:16.4 4:31.9)

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|---|----|-----------------|---------|
| 1 | 6  | Bailee Heitkamp | 20:19.4 |
| 2 | 33 | Claire Johnson  | 22:57.4 |
| 3 | 35 | Whitney Welder  | 23:00.3 |
| 4 | 49 | Jasmine Allard  | 24:08.0 |
| 5 | 56 | Sam Klocke      | 24:51.3 |

8. 186 Frazee ( 23:27.9 1:57:19.3 6:24.2)
9. 189 Fergus Falls ( 23:14.8 1:56:13.7 2:00.9)
10. 191 Little Falls ( 23:14.0 1:56:10.0 2:19.1)

Place	Tea/Tot	No.	Name	Grade	Team	Time	Pace
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1	1/5	20	Bethany Hasz	12	Alexandria	18:15.3	5:53
2	2/5	36	Bethany Miller	8	Alexandria	19:29.9	6:17
3	1/7	534	Ingrid Buiceag-Arama	7	Sartell - St. Stephen	19:31.9	6:18
4	1/7	357	Ellie Morgan	10	Frazee	19:58.5	6:26
5	1/7	239	Makenzie Ostlie	11	Detroit Lakes	20:08.3	6:29
6	1/5	180	Bailee Heitkamp	8	Breckenridge - Wahpeton	20:19.4	6:33
7	1/5	625	Ella Van Kempen	9	West Central Area	20:34.6	6:38
8	1/7	503	Katie George	8	Ottertail Central	20:35.3	6:38
9	2/7	541	Colette Jemming	9	Sartell - St. Stephen	20:36.1	6:38
10	2/7	348	Megan Danielson	9	Frazee	20:41.2	6:40
11	3/7	552	Hali Peterson	10	Sartell - St. Stephen	20:45.2	6:41
12	3/5	41	Calley Richardson	10	Alexandria	20:54.8	6:44
13	4/7	536	Emily Driste	9	Sartell - St. Stephen	21:06.3	6:48
14	2/7	509	Samantha Reger	9	Ottertail Central	21:11.7	6:50
15	2/5	617	Bryn Fernholz	7	West Central Area	21:13.0	6:50
16	4/5	26	Ellie Hurlen	12	Alexandria	21:16.7	6:51
17	1/6	324	Maddie Bessler	12	Fargo South	21:20.3	6:53
18	5/7	555	Katie Senchea	9	Sartell - St. Stephen	21:24.8	6:54
19	5/5	31	Kylie Larson	10	Alexandria	21:25.9	6:54
20	3/5	621	Teagen Nelson	8	West Central Area	21:31.1	6:56
21	1/3	414	Xanthe Dick	12	Lisbon	21:33.2	6:57
22	6/7	546	Kayla Larsen	11	Sartell - St. Stephen	21:43.5	7:00
23	7/7	530	Lydia Anderson	8	Sartell - St. Stephen	21:55.0	7:04
24	3/7	508	Alexis Reger	8	Ottertail Central	21:56.7	7:04
25	1/1	393	Hannah Juhl	11	Hillcrest	22:01.1	7:06
26	1/6	455	Sophia Sowada	10	Little Falls	22:03.3	7:06
27	2/6	447	Amelia Kresha	12	Little Falls	22:10.8	7:09
28	2/7	223	Auroura Eckberg	12	Detroit Lakes	22:20.0	7:12
29	1/6	645	Morgan Jarandson	10	Fergus Falls	22:20.9	7:12
30	2/6	335	Samantha Hoselton	7	Fargo South	22:38.3	7:18

31	4/7	500 Madison Cichy	11 Ottertail Central	22:43.4	7:19
32	3/6	341 Natalie Schalow	11 Fargo South	22:51.8	7:22
33	3/7	215 Zoe Allen	10 Detroit Lakes	22:53.5	7:23
34	4/7	234 Elizabeth Kvebak	11 Detroit Lakes	22:57.3	7:24
35	2/5	181 Claire Johnson	11 Breckenridge - Wahpeton	22:57.4	7:24
36	2/6	649 Emily Ratz	11 Fergus Falls	22:59.2	7:24
37	3/5	187 Whitney Welder	12 Breckenridge - Wahpeton	23:00.3	7:25
38	3/6	650 Jazmin Reckmo	12 Fergus Falls	23:06.4	7:27
39	5/7	507 Abbie Radermacher	10 Ottertail Central	23:11.0	7:28
40	4/6	340 Emma Rieger	7 Fargo South	23:11.9	7:28
41	5/7	245 Alexis Stearns	9 Detroit Lakes	23:13.9	7:29
42	3/6	444 Kendal Hendrickson	11 Little Falls	23:15.7	7:30
43	4/6	647 Solveig Lundberg	11 Fergus Falls	23:25.4	7:33
44	6/7	501 Jessica Drake	11 Ottertail Central	23:29.3	7:34
45	4/5	620 Chloe Larue	7 West Central Area	23:29.4	7:34
46	5/6	327 Alice Carlson	7 Fargo South	23:33.8	7:36
47	6/7	244 Cara Seaberg	9 Detroit Lakes	23:37.6	7:37
48	5/5	624 Abby Van Kempen	12 West Central Area	23:41.7	7:38
49	7/7	235 Kendra Kvebak	11 Detroit Lakes	23:55.0	7:42
50	6/6	325 Kennedie Beyer	10 Fargo South	24:02.8	7:45
51	4/5	175 Jasmine Allard	12 Breckenridge - Wahpeton	24:08.0	7:47
52	4/6	443 Nicollet Gammon-Deeri	11 Little Falls	24:17.8	7:50
53	5/6	655 Berit Skogen	9 Fergus Falls	24:21.8	7:51
54	5/6	449 Molly Lange	9 Little Falls	24:22.4	7:51
55	6/6	658 Emily Weidner	12 Fergus Falls	24:25.7	7:52
56	7/7	511 Karissa Walvatne	12 Ottertail Central	24:32.7	7:55
57	3/7	356 Holly McCamant	12 Frazee	24:36.8	7:56
58	5/5	182 Sam Klocke	12 Breckenridge - Wahpeton	24:51.3	8:00
59	2/3	417 Brenna Lukes	10 Lisbon	25:06.4	8:05
60	6/6	445 Randi Johnson	12 Little Falls	25:31.2	8:13
61	4/7	354 Shania Lehman	11 Frazee	25:40.1	8:16
62	5/7	363 Kaitlin Wake	8 Frazee	26:22.7	8:30
63	3/3	415 Lindsay Dow	12 Lisbon	26:38.8	8:35
64	6/7	352 Morgan Laine	12 Frazee	28:03.1	9:02
65	7/7	361 Harley Stroberg	10 Frazee	29:25.5	9:29