

2016 MSHSL STATE CROSS COUNTRY CHAMPIONSHIPS 11/5/2016

St. Olaf College, Northfield, MN

Final Standings		Score	Scoring Order	Total	Avg.	Spread
1	Fairmont	84	9-10-13-22-30(55)(61)	1:40:16	20:04	0:38.1
2	Perham	86	1-8-12-20-45(62)(75)	1:39:45	19:57	1:31.6
3	Annandale	127	11-19-25-33-39(42)(54)	1:41:30	20:18	0:46.2
4	Luverne	148	4-7-32-40-65(68)(71)	1:41:30	20:18	1:45.5
5	Pelican Rapids	149	15-27-29-35-43(57)(101)	1:41:51	20:23	0:43.3
6	Howard Lake-Waverly-Winsted	170	6-16-24-50-74(105)(108)	1:42:25	20:29	1:44.6
7	LQPV/DB	193	5-31-46-52-59(70)(86)	1:42:36	20:32	1:30.4
8	Eden Valley Watkins/Kimball	214	3-17-53-69-72(73)(91)	1:43:16	20:40	1:56.9
9	Minnehaha Academy	230	28-37-48-51-66(92)(111)	1:43:51	20:47	0:51.9
10	Trinity School at River Ridge	240	2-23-26-93-96(97)(104)	1:44:45	20:57	3:00.1
11	Lanesboro/Fillmore Central	257	14-41-49-76-77(80)(95)	1:44:22	20:53	1:34.0
12	Lake City	273	21-36-44-84-88(94)(99)	1:44:59	21:00	1:34.9
13	Belle Plaine	300	38-56-60-67-79(82)(85)	1:45:26	21:06	0:55.9
14	Ely	332	18-34-83-90-107(109)(110)	1:48:09	21:38	3:42.8
15	West Central Area	345	47-58-64-78-98(106)(112)	1:47:09	21:26	1:59.4
16	Proctor	420	63-81-87-89-100(102)(103)	1:49:17	21:52	1:47.1

INDIVIDUAL RESULTS

	Athlete	Yr.	Team	Score	Time	Gap	Avg. Mile	Avg. KM	1600m	3200m
1	Tierney Wolfgram	8	Math & Science Academy	--	18:23.8	---	5:54.9	3:40.8	5:29.0 (1)	11:37.8 (1)
2	Marissa Whitehead	8	Martin County West/Martin Luther	--	19:08.7	0:45.7	6:09.4	3:49.7	6:26.9 (139)	13:32.9 (136)
3	Brynnan Covington	SR	Perham	--	19:09.2	0:46.2	6:09.5	3:49.8	5:57.3 (13)	12:18.0 (7)
4	Madeline Kelly	FR	Providence Academy	--	19:18.5	0:55.5	6:12.5	3:51.7	5:57.4 (14)	12:22.7 (13)
5	Brook Wedin	SR	Mora	--	19:24.4	1:01.4	6:14.4	3:52.9	5:54.1 (5)	12:18.9 (8)
6	Kayla Christophers	SO	Austin Pacelli	--	19:24.6	1:01.6	6:14.4	3:52.9	5:58.8 (24)	12:22.7 (12)
7	Kira Sweeney	FR	Staples-Motley	--	19:25.0	1:02.0	6:14.6	3:53.0	6:01.9 (30)	12:27.1 (19)
8	Morgan Gehl	8	Murray County Central	--	19:25.8	1:02.8	6:14.8	3:53.2	5:54.9 (6)	12:16.3 (6)
9	Grace Ennis	SR	Trinity School at River Ridge	2	19:25.8	1:02.9	6:14.9	3:53.2	5:32.4 (3)	12:04.0 (4)
10	Ellyssa Peterson	SR	Greenway / Nashwauk-Keewatin	--	19:26.0	1:03.0	6:14.9	3:53.2	5:57.4 (15)	12:19.6 (9)
11	Anna Donnay	SR	Eden Valley Watkins/Kimball	3	19:27.1	1:04.1	6:15.3	3:53.4	5:57.9 (18)	12:26.9 (17)
12	Madison Schandelme	SR	Luverne	4	19:27.5	1:04.5	6:15.4	3:53.5	6:00.9 (27)	12:28.2 (20)
13	Makenna Thurston	SO	LCWM/Nicollet	--	19:30.6	1:07.6	6:16.4	3:54.1	5:58.7 (23)	12:28.8 (21)
14	Sadie Thompson	SR	LQPV/DB	5	19:31.7	1:08.7	6:16.7	3:54.3	5:55.0 (7)	12:19.8 (10)
15	Annika Aho	SO	United North Central	--	19:33.1	1:10.1	6:17.2	3:54.6	5:56.5 (8)	12:26.8 (16)
16	Kailee Malone	FR	Stewartville	--	19:35.5	1:12.5	6:18.0	3:55.1	5:57.6 (16)	12:23.0 (14)
17	Katherine Geist	FR	Crookston	--	19:36.7	1:13.7	6:18.3	3:55.3	6:01.9 (29)	12:30.8 (23)
18	Erika Swanson	SO	Northwest Nighthawks	--	19:36.8	1:13.8	6:18.4	3:55.4	5:58.1 (20)	12:14.8 (5)
19	Kristine Kalthoff	8	Albany	--	19:40.5	1:17.5	6:19.6	3:56.1	6:08.2 (46)	12:34.9 (28)
20	Beth Stevermer	JR	United South Central/Alden-Conger	--	19:41.0	1:18.1	6:19.7	3:56.2	5:58.0 (19)	12:30.6 (22)
21	Gracie Mallak	FR	Howard Lake-Waverly-Winsted	6	19:42.1	1:19.1	6:20.1	3:56.4	6:09.7 (58)	12:40.9 (34)
22	Lydia Kantonen	SR	Park Rapids Area	--	19:43.4	1:20.4	6:20.5	3:56.7	5:53.5 (4)	11:59.3 (3)
23	Regan Feit	8	Luverne	7	19:43.9	1:20.9	6:20.7	3:56.8	6:08.7 (51)	12:34.5 (27)
24	Caitlin Covington	SO	Perham	8	19:46.4	1:23.4	6:21.5	3:57.3	6:10.0 (59)	12:36.8 (29)
25	Sarah Krumholz	SO	Fairmont	9	19:48.1	1:25.1	6:22.0	3:57.6	5:58.9 (25)	12:31.9 (24)
26	Erika Fox	SR	Carlton	--	19:50.3	1:27.3	6:22.7	3:58.1	6:11.6 (69)	12:44.7 (40)
27	Jenna Pavich	SR	Fairmont	10	19:50.8	1:27.9	6:22.9	3:58.2	6:11.4 (68)	13:05.6 (88)
28	Emma Fashant	8	Annandale	11	19:51.8	1:28.8	6:23.2	3:58.4	5:57.8 (17)	12:32.7 (25)
29	Hailey Wegscheid	SO	Perham	12	19:53.9	1:30.9	6:23.9	3:58.8	5:57.0 (12)	12:27.0 (18)
30	Iliana Ramon	JR	Fairmont	13	19:55.4	1:32.4	6:24.4	3:59.1	6:08.0 (44)	12:45.8 (42)
31	Kiera Olson	SR	Lanesboro/Fillmore Central	14	19:55.5	1:32.5	6:24.4	3:59.1	5:56.7 (9)	12:34.2 (26)
32	Tianna Wald	SR	Pelican Rapids	15	19:55.8	1:32.8	6:24.5	3:59.2	6:18.1 (104)	12:56.8 (60)
33	Carly Scheuerman	SR	St. Croix Prep Academy	--	20:01.7	1:38.7	6:26.4	4:00.3	6:13.3 (77)	12:51.0 (52)
34	Ellie Morgan	JR	Frazee	--	20:05.0	1:42.0	6:27.5	4:01.0	5:59.4 (26)	12:42.2 (35)
35	Ellie Haland	SR	Math & Science Academy	--	20:07.4	1:44.4	6:28.2	4:01.5	6:09.5 (53)	12:47.7 (44)
36	Kendra Franck	SR	Holy Family Catholic	--	20:08.4	1:45.4	6:28.5	4:01.7	6:21.1 (112)	13:32.6 (135)
37	Katelyn Routhier	7	Howard Lake-Waverly-Winsted	16	20:08.6	1:45.6	6:28.6	4:01.7	6:03.1 (31)	12:39.8 (32)
38	Olivia Kuechle	FR	Eden Valley Watkins/Kimball	17	20:10.2	1:47.2	6:29.1	4:02.0	6:06.9 (39)	12:48.9 (49)
39	Laura Pedely	SO	Stewartville	--	20:11.2	1:48.3	6:29.5	4:02.2	6:06.3 (36)	12:44.6 (38)
40	Delilah Baedke	7	Tri-City United	--	20:11.6	1:48.6	6:29.6	4:02.3	6:10.5 (62)	12:45.9 (43)
41	Erin Bianco	SR	Ely	18	20:12.4	1:49.4	6:29.8	4:02.5	6:32.9 (152)	13:41.9 (143)
42	Jessica Scheer	JR	Annandale	19	20:12.8	1:49.8	6:30.0	4:02.6	6:08.3 (47)	12:49.1 (50)
43	Bailee Heitkamp	FR	Breckenridge/Wahpeton	--	20:13.2	1:50.2	6:30.1	4:02.6	6:07.2 (42)	12:44.6 (39)
44	Abby Tweeton	FR	Perham	20	20:14.0	1:51.1	6:30.4	4:02.8	6:15.2 (85)	12:59.7 (68)
45	Liv Kozlowski	JR	Lake City	21	20:14.7	1:51.7	6:30.6	4:02.9	6:22.3 (117)	13:01.6 (70)
46	Lauren Karnitz	SO	Redwood Valley	--	20:14.8	1:51.9	6:30.6	4:03.0	6:09.5 (54)	12:50.2 (51)
47	Laura Thompson	7	Fairmont	22	20:15.1	1:52.1	6:30.7	4:03.0	6:01.7 (28)	12:43.0 (36)
48	Katie Michalak	SR	Trinity School at River Ridge	23	20:16.1	1:53.1	6:31.0	4:03.2	6:08.4 (48)	12:52.3 (55)
49	Gwen Hegelson	SO	Howard Lake-Waverly-Winsted	24	20:16.6	1:53.6	6:31.2	4:03.3	5:58.6 (22)	12:40.4 (33)
50	Ellie Nelson	JR	Roseau/BGMR	--	20:17.0	1:54.0	6:31.3	4:03.4	6:17.3 (96)	12:56.8 (59)
51	Marin Garrett	8	East Grand Forks	--	20:18.9	1:55.9	6:31.9	4:03.8	6:06.5 (37)	12:43.8 (37)
52	Mackinzie Miest	JR	Saint James Area	--	20:19.1	1:56.1	6:32.0	4:03.8	6:22.5 (119)	13:02.1 (72)
53	Emily Kasper	JR	Annandale	25	20:19.2	1:56.2	6:32.0	4:03.8	6:03.2 (32)	12:39.1 (30)
54	Ashlee Siegle	SO	Marshall	--	20:20.0	1:57.0	6:32.3	4:04.0	6:07.0 (41)	12:51.0 (53)

55	Elizabeth Neil	SO	Trinity School at River Ridge	26	20:20.9	1:57.9	6:32.6	4:04.2	6:19.1 (108)	13:09.0 (89)
56	Chloe Paulson	8	Pelican Rapids	27	20:22.0	1:59.0	6:32.9	4:04.4	6:22.0 (115)	13:00.9 (69)
57	Addie Anderson-Lou	8	Minnehaha Academy	28	20:23.2	2:00.2	6:33.3	4:04.6	6:11.7 (70)	12:56.1 (58)
58	Tatianna Wiley	8	Pelican Rapids	29	20:24.2	2:01.2	6:33.6	4:04.8	6:11.2 (67)	12:45.0 (41)
59	Maddie Carrington	FR	Morris Area/CA	--	20:25.4	2:02.4	6:34.0	4:05.1	6:08.6 (50)	12:52.5 (56)
60	Livia Wallace	SR	Pipestone Area	--	20:25.4	2:02.4	6:34.0	4:05.1	6:07.2 (43)	12:48.5 (48)
61	Molly Hawkins	SR	Fairmont	30	20:26.1	2:03.2	6:34.2	4:05.2	6:10.9 (65)	12:58.3 (63)
62	Augusta Demarais	8	Maple Lake	--	20:26.3	2:03.3	6:34.3	4:05.2	6:14.4 (80)	12:58.4 (64)
63	Jordyn Sterud	JR	LQPV/DB	31	20:26.9	2:03.9	6:34.5	4:05.4	6:10.8 (64)	12:58.1 (62)
64	Natalie Fultz	FR	Eveleth-Gilbert	--	20:27.2	2:04.2	6:34.6	4:05.4	6:18.2 (106)	13:02.8 (76)
65	Tenley Nelson	7	Luverne	32	20:27.6	2:04.6	6:34.7	4:05.5	6:10.1 (61)	13:02.9 (77)
66	Sunshine Langworth	FR	Pequot Lakes	--	20:27.8	2:04.8	6:34.8	4:05.5	6:12.6 (75)	12:58.9 (67)
67	Madi Marohn	JR	Annandale	33	20:27.8	2:04.8	6:34.8	4:05.6	5:56.8 (10)	12:26.8 (15)
68	Ryne Prigge	JR	Ely	34	20:28.5	2:05.5	6:35.0	4:05.7	6:08.7 (52)	12:58.6 (65)
69	Abby Syverson	FR	Pelican Rapids	35	20:29.4	2:06.4	6:35.3	4:05.9	6:15.4 (86)	13:05.4 (86)
70	Sophie Epps	SO	Cannon Falls	--	20:30.0	2:07.0	6:35.5	4:06.0	6:15.9 (90)	13:02.3 (73)
71	McKenna Beltz	7	Lake City	36	20:31.4	2:08.4	6:35.9	4:06.3	6:06.2 (34)	12:48.0 (46)
72	Johanna Merten	SR	Holdingsford	--	20:33.1	2:10.1	6:36.5	4:06.6	6:15.2 (84)	13:05.5 (87)
73	Christianna Green	SR	Windom Area	--	20:34.7	2:11.7	6:37.0	4:06.9	6:16.3 (91)	13:09.1 (90)
74	Grace Kirkpatrick	JR	Minnehaha Academy	37	20:35.3	2:12.3	6:37.2	4:07.1	6:06.6 (38)	12:52.1 (54)
75	Jerilynn Simmer	FR	Northwest Nighthawks	--	20:37.2	2:14.2	6:37.8	4:07.4	6:18.0 (103)	13:09.9 (92)
76	Cassandra Stolt	SO	Belle Plaine	38	20:37.4	2:14.4	6:37.9	4:07.5	6:14.5 (81)	13:02.6 (74)
77	Carissa Vanderwal	SO	Ortonville	--	20:37.9	2:14.9	6:38.0	4:07.6	6:06.1 (33)	12:57.7 (61)
78	Josey Marquette	8	Annandale	39	20:38.0	2:15.0	6:38.1	4:07.6	6:20.5 (111)	13:13.4 (96)
79	Brooklyn Versteeg	7	Luverne	40	20:38.2	2:15.2	6:38.1	4:07.6	6:17.9 (101)	13:02.7 (75)
80	Leah Ruen	SR	Lanesboro/Fillmore Central	41	20:38.2	2:15.2	6:38.1	4:07.6	6:17.0 (94)	12:58.8 (66)
81	Katie George	8	Ottertail Central	--	20:38.6	2:15.6	6:38.2	4:07.7	6:17.8 (100)	13:31.3 (128)
82	Bri Canesi	SO	Annandale	42	20:38.6	2:15.6	6:38.3	4:07.7	6:09.6 (56)	13:01.7 (71)
83	Mandi Sjolie	FR	Pelican Rapids	43	20:39.1	2:16.1	6:38.4	4:07.8	5:58.4 (21)	12:20.1 (11)
84	Malia Nelson	7	Dover-Eyota	--	20:39.5	2:16.5	6:38.5	4:07.9	6:26.1 (132)	13:14.4 (101)
85	Johannah Clementso	FR	Lake City	44	20:39.6	2:16.6	6:38.6	4:07.9	6:11.0 (66)	13:03.7 (79)
86	Ashley Hokanson	SO	Perham	45	20:40.8	2:17.8	6:38.9	4:08.1	6:11.9 (71)	13:04.5 (82)
87	Georgia Will	FR	LQPV/DB	46	20:41.2	2:18.2	6:39.1	4:08.2	6:24.8 (128)	13:10.8 (94)
88	Emily Gillingham	SR	Canby / Minneota	--	20:41.3	2:18.4	6:39.1	4:08.3	6:12.0 (72)	13:04.0 (80)
89	McKenzie Ruether	8	Canby / Minneota	--	20:41.4	2:18.4	6:39.1	4:08.3	6:09.7 (57)	13:04.7 (84)
90	Mary Miller	8	Maple Lake	--	20:41.7	2:18.7	6:39.2	4:08.3	6:08.0 (45)	13:03.6 (78)
91	Bridget Tetmeyer	FR	Nova Classical Academy	--	20:42.7	2:19.7	6:39.6	4:08.5	6:14.5 (82)	13:04.6 (83)
92	Lexi Bright	7	West Central Area	47	20:44.8	2:21.8	6:40.2	4:08.9	6:14.8 (83)	13:10.1 (93)
93	Abby Shaffer	JR	Minnehaha Academy	48	20:45.0	2:22.0	6:40.3	4:09.0	6:06.9 (40)	12:47.9 (45)
94	Emily Snyder	SO	Lanesboro/Fillmore Central	49	20:49.4	2:26.4	6:41.7	4:09.9	6:26.6 (136)	13:20.9 (110)
95	Erin Brabec	SO	Howard Lake-Waverly-Winsted	50	20:50.6	2:27.6	6:42.1	4:10.1	6:16.5 (93)	13:13.8 (98)
96	Ava Perez-Erickson	JR	Minnehaha Academy	51	20:52.4	2:29.4	6:42.7	4:10.5	6:20.3 (110)	13:15.8 (102)
97	Isabel Schirm	SO	LQPV/DB	52	20:54.1	2:31.1	6:43.2	4:10.8	6:26.2 (133)	13:16.6 (104)
98	Amaya Lyrek	SO	Eden Valley Watkins/Kimball	53	20:55.6	2:32.6	6:43.7	4:11.1	6:10.6 (63)	13:04.4 (81)
99	Holly Ekholm	SO	Annandale	54	20:55.8	2:32.8	6:43.8	4:11.2	6:23.5 (123)	13:32.6 (134)
100	Tabitha Thatcher	8	Fairmont	55	20:56.9	2:33.9	6:44.1	4:11.4	6:09.5 (55)	13:13.8 (97)
101	Izzy Lind	FR	St. Peter	--	20:57.5	2:34.5	6:44.3	4:11.5	6:24.0 (124)	13:22.4 (115)
102	Haley Leger	SR	Belle Plaine	56	20:57.9	2:34.9	6:44.4	4:11.6	6:19.3 (109)	13:12.8 (95)
103	Savannah Gamst	FR	Moose Lake / Willow River / Barnum	--	20:58.0	2:35.0	6:44.5	4:11.6	6:34.3 (154)	13:42.5 (144)
104	Maddie Guler	FR	Pelican Rapids	57	20:58.0	2:35.0	6:44.5	4:11.6		
105	Grace Rieland	8	Albany	--	20:58.9	2:35.9	6:44.8	4:11.8	6:15.8 (89)	13:18.1 (107)
106	Ella Van Kempen	SO	West Central Area	58	20:59.1	2:36.1	6:44.8	4:11.8	6:15.5 (87)	13:14.0 (100)
107	Grace Hegland	SO	LQPV/DB	59	21:02.1	2:39.1	6:45.8	4:12.4	6:13.3 (76)	13:16.5 (103)
108	Emily Berger	FR	Belle Plaine	60	21:02.3	2:39.3	6:45.9	4:12.4	6:21.9 (114)	13:21.0 (111)
109	Lizzy Subbert	JR	Fairmont	61	21:02.3	2:39.3	6:45.9	4:12.5	5:57.0 (11)	12:39.3 (31)
110	Evalyn McCleary	SO	Perham	62	21:04.6	2:41.7	6:46.6	4:12.9	6:23.1 (120)	13:21.8 (114)
111	Amelia Hornseth	SR	Nova Classical Academy	--	21:05.0	2:42.0	6:46.7	4:13.0	6:27.1 (140)	13:21.4 (112)
112	Johanna Schwingham	FR	Mora	--	21:07.2	2:44.2	6:47.5	4:13.4	6:22.3 (118)	13:23.7 (116)
113	Rory Bickler	FR	Austin Pacelli	--	21:08.0	2:45.0	6:47.7	4:13.6	6:25.3 (130)	13:29.4 (126)
114	Morgan Binsfield	8	Proctor	63	21:08.6	2:45.6	6:47.9	4:13.7	6:18.7 (107)	13:18.8 (108)
115	Katie Barclay	JR	Jordan	--	21:09.2	2:46.2	6:48.1	4:13.8	6:17.3 (95)	13:17.3 (105)
116	Meredith Carrington	7	Morris Area/CA	--	21:09.4	2:46.4	6:48.2	4:13.9	6:29.2 (147)	13:24.1 (117)
117	Jackie Weyerhaeuse	8	Blake School (the)	--	21:10.5	2:47.5	6:48.5	4:14.1	6:17.4 (97)	13:27.3 (119)
118	Brynn Fernholz	8	West Central Area	64	21:11.3	2:48.3	6:48.8	4:14.3	6:26.5 (134)	13:28.6 (123)
119	Grace Clark	SO	Rockford	--	21:11.5	2:48.5	6:48.8	4:14.3	6:25.1 (129)	13:29.0 (125)
120	Carlee Plackner	SO	Greenway / Nashwauk-Keewatin	--	21:11.6	2:48.7	6:48.9	4:14.3	6:23.1 (121)	13:32.5 (133)
121	Cassie Flanagan	8	Luverne	65	21:12.9	2:49.9	6:49.3	4:14.6	6:26.5 (135)	13:36.7 (142)
122	Brittney Hillstrom	SR	Carlton	--	21:13.6	2:50.6	6:49.5	4:14.7	6:28.7 (146)	13:32.4 (132)
123	Betsy Kirkpatrick	7	Minnehaha Academy	66	21:15.1	2:52.1	6:50.0	4:15.0	6:26.8 (138)	13:28.9 (124)
124	Jordyn Williams	8	Belle Plaine	67	21:15.3	2:52.3	6:50.1	4:15.1	6:15.6 (88)	13:13.9 (99)
125	Gabrielle Ferrell	SO	Luverne	68	21:15.7	2:52.7	6:50.2	4:15.1	6:26.7 (137)	13:27.9 (121)
126	Lily Peterson	7	Lake Park-Audubon	--	21:15.8	2:52.8	6:50.2	4:15.1	6:27.4 (142)	13:27.1 (118)
127	Taina Koivisto	SO	Sth Ridge/Nth Woods/Northeast Range--	--	21:16.1	2:53.1	6:50.3	4:15.2	6:30.0 (149)	13:33.8 (137)
128	Angel Martens	JR	Pipestone Area	--	21:16.6	2:53.6	6:50.5	4:15.3	6:13.4 (78)	13:28.5 (122)
129	Malayh Metcalf	7	Glencoe-Silver Lake	--	21:18.5	2:55.5	6:51.1	4:15.7	6:27.8 (144)	13:35.9 (140)
130	Rachel Utecht	SO	Eden Valley Watkins/Kimball	69	21:18.7	2:55.7	6:51.2	4:15.7	6:18.0 (102)	13:19.8 (109)
131	Alex Sather	SO	LQPV/DB	70	21:19.9	2:56.9	6:51.5	4:16.0	6:27.5 (143)	13:31.8 (129)
132	Autumn Nath	8	Luverne	71	21:22.4	2:59.5	6:52.3	4:16.5	6:21.7 (113)	13:21.6 (113)

133	Cailyn Kuechle	FR	Eden Valley Watkins/Kimball	72	21:24.0	3:01.0	6:52.8	4:16.8	6:08.5 (49)	12:48.3 (47)
134	Zya Lueders	8	Eden Valley Watkins/Kimball	73	21:26.0	3:03.0	6:53.5	4:17.2	6:13.7 (79)	13:27.5 (120)
135	Brooke Baumann	7	Howard Lake-Waverly-Winsted	74	21:26.6	3:03.6	6:53.7	4:17.3	6:22.0 (116)	13:32.2 (131)
136	Mary Wunderlich	8	Perham	75	21:27.1	3:04.1	6:53.8	4:17.4	6:30.4 (150)	13:48.4 (149)
137	Kaylee Arndt	8	Lanesboro/Fillmore Central	76	21:29.4	3:06.4	6:54.6	4:17.9	6:27.3 (141)	13:46.3 (147)
138	Maddie Smith	SO	Lanesboro/Fillmore Central	77	21:29.5	3:06.5	6:54.6	4:17.9	6:10.1 (60)	13:17.5 (106)
139	Teagan Nelson	FR	West Central Area	78	21:29.9	3:06.9	6:54.7	4:18.0	6:25.3 (131)	13:34.9 (139)
140	Malina Koepp	7	Belle Plaine	79	21:33.3	3:10.3	6:55.8	4:18.7	6:16.3 (92)	13:31.9 (130)
141	Ashley Miner	JR	Lanesboro/Fillmore Central	80	21:36.5	3:13.5	6:56.9	4:19.3	6:06.2 (35)	13:04.9 (85)
142	Hannah Bettendorf	JR	Proctor	81	21:36.7	3:13.8	6:56.9	4:19.3	6:28.3 (145)	13:36.2 (141)
143	McKenna Herrmann	FR	Belle Plaine	82	21:37.3	3:14.4	6:57.1	4:19.5	6:17.5 (99)	13:29.5 (127)
144	Caroline Homer	SR	Ely	83	21:38.3	3:15.3	6:57.4	4:19.6	6:24.0 (125)	13:45.2 (146)
145	Aubrey Williams	8	Cotter	--	21:39.5	3:16.5	6:57.8	4:19.9	6:33.5 (153)	13:48.2 (148)
146	Julia Koplin	FR	Lake City	84	21:43.2	3:20.2	6:59.0	4:20.6	6:24.5 (127)	13:33.9 (138)
147	Olivia Ohrt	JR	Blake School (the)	--	21:43.4	3:20.4	6:59.1	4:20.7	6:34.6 (155)	13:51.0 (151)
148	Elizabeth Schmidt	8	Belle Plaine	85	21:44.0	3:21.0	6:59.3	4:20.8	6:35.4 (156)	13:50.5 (150)
149	Anne Kennedy	SR	LQPV/DB	86	21:44.4	3:21.4	6:59.4	4:20.9	6:18.1 (105)	12:54.1 (57)
150	Sydney Binsfield	SO	Proctor	87	21:45.2	3:22.2	6:59.7	4:21.0	6:24.4 (126)	13:43.8 (145)
151	Brenna Nelson	FR	Lake City	88	21:49.5	3:26.5	7:01.1	4:21.9	6:36.5 (158)	13:57.9 (153)
152	Courtney Werner	8	Proctor	89	21:50.5	3:27.5	7:01.4	4:22.1	6:30.7 (151)	13:57.3 (152)
153	Laurn Renier	FR	Rochester Lourdes	--	21:50.7	3:27.7	7:01.4	4:22.1	6:48.8 (165)	14:14.2 (157)
154	Emma Terwilliger	JR	Ely	90	21:54.0	3:31.0	7:02.5	4:22.8	6:35.5 (157)	14:07.1 (154)
155	Courtney Geislinger	SR	Eden Valley Watkins/Kimball	91	21:58.2	3:35.2	7:03.8	4:23.6	6:29.6 (148)	14:11.2 (155)
156	Kayla Williams	JR	Minnehaha Academy	92	22:01.1	3:38.1	7:04.8	4:24.2	6:46.8 (161)	14:14.6 (158)
157	Charlotte Howland	SR	Trinity School at River Ridge	93	22:15.8	3:52.8	7:09.5	4:27.2	6:48.5 (164)	14:15.0 (159)
158	Hailey Reckmann	7	Lake City	94	22:16.8	3:53.9	7:09.8	4:27.4	6:39.5 (159)	14:19.3 (160)
159	Bailey Ruen	JR	Lanesboro/Fillmore Central	95	22:23.2	4:00.2	7:11.9	4:28.6	6:46.7 (160)	14:26.2 (161)
160	Marie Demarais	SR	Trinity School at River Ridge	96	22:25.9	4:02.9	7:12.8	4:29.2	6:23.4 (122)	14:13.6 (156)
161	Grace Carlson	SR	Trinity School at River Ridge	97	22:32.2	4:09.2	7:14.8	4:30.4	6:17.5 (98)	13:09.3 (91)
162	Chloe Larue	8	West Central Area	98	22:44.1	4:21.1	7:18.6	4:32.8	6:48.5 (162)	14:26.7 (162)
163	Phebe Nelson	FR	Lake City	99	22:50.3	4:27.3	7:20.6	4:34.1	6:48.5 (163)	14:26.9 (163)
164	Annika Voss	JR	Proctor	100	22:55.7	4:32.7	7:22.3	4:35.1	6:50.6 (166)	14:39.0 (166)
165	Autumn Gummeringer	FR	Pelican Rapids	101	23:01.7	4:38.7	7:24.3	4:36.3	6:54.8 (167)	14:46.3 (168)
166	Makayla McGregor	FR	Proctor	102	23:02.8	4:39.8	7:24.6	4:36.6	7:00.0 (169)	14:44.7 (167)
167	Paige Lusti	FR	Proctor	103	23:13.2	4:50.2	7:28.0	4:38.6	7:00.9 (172)	14:57.2 (170)
168	Kate Cunningham	FR	Trinity School at River Ridge	104	23:22.5	4:59.6	7:31.0	4:40.5	6:57.8 (168)	14:56.0 (169)
169	Danielle Wood	8	Howard Lake-Waverly-Winsted	105	23:32.9	5:09.9	7:34.3	4:42.6	7:06.4 (174)	15:23.3 (173)
170	Kennedy Porter	7	West Central Area	106	23:37.0	5:14.0	7:35.6	4:43.4	7:00.9 (170)	15:01.0 (172)
171	Evelyn Bercher	JR	Ely	107	23:55.2	5:32.2	7:41.5	4:47.0	6:12.3 (74)	14:29.1 (164)
172	Amber Lamphere	FR	Howard Lake-Waverly-Winsted	108	23:58.2	5:35.2	7:42.4	4:47.6	7:08.0 (175)	15:32.4 (175)
173	Taryn Osthoff	SR	Ely	109	24:14.9	5:51.9	7:47.8	4:51.0	7:06.4 (173)	15:23.3 (174)
174	Kalyssa Eilrich	FR	Ely	110	24:15.2	5:52.2	7:47.9	4:51.0	7:00.9 (171)	15:01.0 (171)
175	Terra Rhoades	JR	Minnehaha Academy	111	24:18.5	5:55.5	7:48.9	4:51.7	6:12.3 (73)	14:29.1 (165)
176	Kaitlin Hanson	7	West Central Area	112	24:46.4	6:23.4	7:57.9	4:57.3	5:29.0 (2)	11:37.8 (2)