

2016 MSHSL STATE CROSS COUNTRY CHAMPIONSHIPS 11/5/2016

St. Olaf College, Northfield, MN

Final Standings		Score	Scoring Order				Total	Avg.	Spread
1	Mora	93	5-7-9-28-44(48)(86)				1:23:44	16:45	1:34.5
2	Perham	99	11-13-17-22-36(66)(67)				1:24:43	16:57	0:53.5
3	La Crescent	123	1-3-30-40-49(79)(88)				1:24:36	16:56	1:47.1
4	Windom Area	166	6-18-21-60-61(83)(102)				1:26:02	17:13	1:40.8
5	West Central Area	186	4-12-19-74-77(93)(104)				1:26:01	17:13	2:07.6
6	Lac Qui Parle Valley / Dawson Boyd	190	10-20-34-57-69(91)(97)				1:26:53	17:23	1:32.9
7	Minnehaha Academy	201	14-37-38-47-65(95)(107)				1:27:25	17:29	1:15.1
8	G-F-W	205	29-31-32-55-58(84)(100)				1:27:50	17:34	0:35.1
9	Lake City	209	2-8-52-53-94(98)(101)				1:26:26	17:18	2:34.5
10	Trinity School at River Ridge	227	27-33-45-46-76(99)(110)				1:28:09	17:38	1:00.0
11	Pequot Lakes	236	16-39-43-68-70(72)(75)				1:28:00	17:36	1:14.1
12	Mankato Loyola/Cleveland	237	35-41-51-54-56(62)(71)				1:28:33	17:43	0:23.5
13	Greenway / Nashwauk-Keewatin	257	15-26-50-81-85(105)(108)				1:28:16	17:40	1:31.4
14	Ely	264	23-24-25-89-103(111)(112)				1:28:31	17:43	1:42.9
15	St. Cloud Cathedral	360*	59-63-73-78-87(90)(96)				1:30:26	18:06	0:25.2
16	New London-Spicer	360*	42-64-80-82-92(106)(109)				1:30:34	18:07	0:50.5

*Tiebreakers

St. Cloud Cathedral	59	63	73	78	87	90	96
New London-Spicer	42	64	80	82	92	106	109

INDIVIDUAL RESULTS

	Athlete	Yr.	Team	Score	Time	Gap	Avg. Mile	Avg. KM	1600m	3200m
1	Declan Dahlberg	JR	Mounds Park Academy	--	15:57.1	---	5:07.7	3:11.4	4:58.3 (2)	10:16.2 (2)
2	Matt Steiger	JR	La Crescent	1	15:57.3	0:00.3	5:07.8	3:11.4	5:00.0 (14)	10:17.3 (6)
3	Carl Kozlowski	SR	Lake City	2	15:57.6	0:00.6	5:07.9	3:11.5	4:59.3 (8)	10:17.3 (7)
4	Zack Emery	SR	La Crescent	3	16:01.9	0:04.9	5:09.3	3:12.4	4:59.4 (10)	10:16.8 (4)
5	Ethan Olson	JR	Moose Lake / Willow River	--	16:02.7	0:05.7	5:09.5	3:12.5	4:59.6 (12)	10:17.1 (5)
6	Ryler Nelson	SR	West Central Area	4	16:03.8	0:06.9	5:09.9	3:12.8	4:57.9 (1)	10:16.1 (1)
7	Michael Schwinghamer	SR	Mora	5	16:04.4	0:07.4	5:10.1	3:12.9	4:58.5 (4)	10:16.3 (3)
8	Lucas Mueller	SR	Nova Classical Academy--	--	16:08.7	0:11.7	5:11.5	3:13.7	5:06.7 (28)	10:20.7 (10)
9	John Irwin	SR	Windom Area	6	16:13.4	0:16.4	5:13.0	3:14.7	4:59.3 (9)	10:20.2 (8)
10	Michael Mitchell	SR	Blake School (The)	--	16:15.7	0:18.7	5:13.7	3:15.1	5:12.3 (49)	10:23.1 (13)
11	Matthew Van Eps	SR	Central MN Christian/	--	16:16.4	0:19.4	5:14.0	3:15.3	4:59.5 (11)	10:21.1 (11)
12	Alec Sanbeck	SR	Mora	7	16:17.0	0:20.0	5:14.1	3:15.4	4:58.6 (5)	10:20.7 (9)
13	Owen Keiser	JR	Jordan	--	16:23.4	0:26.4	5:16.2	3:16.7	5:00.3 (15)	10:25.5 (15)
14	Mitch Mund	SR	Lake City	8	16:23.6	0:26.6	5:16.3	3:16.7	4:58.4 (3)	10:26.7 (16)
15	John Schwinghammer	SR	Mora	9	16:26.6	0:29.6	5:17.2	3:17.3	5:02.7 (19)	10:27.4 (17)
16	Nick Meyer	JR	Wabasha-Kellogg	--	16:28.3	0:31.3	5:17.8	3:17.7	4:58.6 (6)	10:24.4 (14)
17	Keiser Freedly	JR	Lac Qui Parle Valley /	10	16:28.4	0:31.4	5:17.8	3:17.7	5:03.1 (20)	10:27.6 (18)
18	Peter Torkelson	SR	Grand Meadow/Leroy-	--	16:28.7	0:31.7	5:17.9	3:17.7	5:09.5 (37)	10:34.8 (25)
19	Jacob Dickerson	SR	Perham	11	16:36.1	0:39.1	5:20.3	3:19.2	5:06.8 (29)	10:31.4 (23)
20	Jacob Bright	FR	West Central Area	12	16:37.2	0:40.2	5:20.6	3:19.4	5:04.9 (25)	10:29.0 (20)
21	Hunter Kjelshus	SR	Perham	13	16:42.0	0:45.0	5:22.2	3:20.4	5:12.9 (53)	10:31.1 (22)
22	Gabe Satoskar	SR	Minnehaha Academy	14	16:42.2	0:45.2	5:22.2	3:20.4	5:10.8 (41)	10:38.3 (28)
23	Hans Holzner	SR	Hillcrest Lutheran	--	16:43.1	0:46.1	5:22.5	3:20.6	4:59.9 (13)	10:30.0 (21)
24	Geno Uhrbom	8	Greenway / Nashwauk	15	16:46.7	0:49.7	5:23.7	3:21.3	5:10.4 (39)	10:41.7 (33)
25	Anthony Wollum	JR	Canby / Minneota	--	16:46.7	0:49.7	5:23.7	3:21.3	5:05.8 (27)	10:37.2 (27)
26	Reid Pierzinski	JR	Pequot Lakes	16	16:47.4	0:50.4	5:23.9	3:21.5	5:04.9 (24)	10:38.9 (29)
27	Christian Sterton	SO	Ada-Borup/NCW	--	16:47.5	0:50.5	5:23.9	3:21.5	5:02.1 (17)	10:32.9 (24)
28	Jeff Braun	SR	Annapdale High School	--	16:50.4	0:53.4	5:24.9	3:22.1	5:13.4 (56)	10:49.6 (46)
29	Jebadiah Merkle	JR	Southwest Christian	--	16:50.5	0:53.5	5:24.9	3:22.1	5:11.8 (45)	10:43.9 (37)
30	Clayton Anderson	SO	Perham	17	16:51.5	0:54.5	5:25.2	3:22.3	5:13.8 (58)	10:41.3 (32)
31	Carter Menz	SR	Redwood Valley	--	16:52.5	0:55.5	5:25.6	3:22.5	5:03.1 (21)	10:28.2 (19)
32	Josiah Eide	JR	RAACHE Jaguars	--	16:52.6	0:55.6	5:25.6	3:22.5	5:14.6 (62)	10:47.0 (41)
33	Jake Paron	JR	North Shore	--	16:56.6	0:59.6	5:26.9	3:23.3	4:58.8 (7)	10:22.6 (12)
34	Matthew Kennedy	SR	Pipestone Area	--	16:57.0	1:00.0	5:27.0	3:23.4	5:05.7 (26)	10:40.3 (30)
35	Christopher Groth	JR	Annapdale High School--	--	16:57.5	1:00.5	5:27.2	3:23.5	5:11.9 (46)	10:49.2 (45)
36	Bailey Crook	SR	Dilworth-Glyndon-Felton	--	16:57.5	1:00.5	5:27.2	3:23.5	5:00.4 (16)	10:40.8 (31)
37	Joshua Kemp	JR	Esko	--	16:58.5	1:01.5	5:27.5	3:23.7	5:04.1 (23)	10:36.2 (26)
38	Nickolas Green	SR	Windom Area	18	16:58.6	1:01.6	5:27.5	3:23.7	5:08.4 (33)	10:46.1 (39)
39	Ethan Olson	SO	West Central Area	19	16:59.2	1:02.2	5:27.7	3:23.8	5:13.1 (54)	10:50.5 (48)
40	Jordan Malinkowski	SR	Royalton	--	16:59.8	1:02.8	5:27.9	3:24.0	5:07.5 (30)	10:43.4 (35)
41	Logan Knutson	SR	Heron Lake-Okabena	--	17:01.4	1:04.4	5:28.4	3:24.3	5:10.6 (40)	10:48.0 (42)
42	Mike Kvaal	FR	Lac Qui Parle Valley /	20	17:01.7	1:04.7	5:28.5	3:24.3	5:15.4 (69)	10:50.7 (49)
43	Isaac Tade	SR	Windom Area	21	17:01.8	1:04.8	5:28.5	3:24.3	5:11.1 (42)	10:52.3 (55)
44	Carson Speicher	JR	Perham	22	17:03.5	1:06.5	5:29.1	3:24.7	5:14.1 (60)	10:45.3 (38)
45	James Schwinghamer	FR	Ely	23	17:03.7	1:06.8	5:29.2	3:24.7	5:12.2 (48)	10:51.1 (51)
46	Joey Pierce	8	Ely	24	17:06.4	1:09.4	5:30.0	3:25.3	5:12.4 (51)	10:52.6 (56)
47	Carson Kahler	SO	Martin County West/	--	17:06.6	1:09.6	5:30.1	3:25.3	5:15.1 (68)	10:51.4 (53)
48	Sam Overfors	SR	St.Cloud Christian	--	17:08.0	1:11.0	5:30.5	3:25.6	5:14.9 (66)	10:53.6 (60)
49	Kurt Tebeest	SR	Montevideo	--	17:08.5	1:11.5	5:30.7	3:25.7	5:03.2 (22)	10:51.5 (54)
50	Michael Meyer	SR	Glencoe-Silver Lake	--	17:08.5	1:11.6	5:30.7	3:25.7	5:13.4 (57)	10:57.6 (67)

51	Lukas Pierson	JR	Saint James Area	--	17:08.9	1:11.9	5:30.8	3:25.8	5:07.9 (32)	10:48.4 (44)
52	Emmet Anderson	8	Staples-Motley	--	17:09.3	1:12.3	5:30.9	3:25.8	5:13.9 (59)	10:46.7 (40)
53	Noah Bundoock	JR	Howard Lake/	--	17:09.7	1:12.7	5:31.1	3:25.9	5:02.4 (18)	10:43.0 (34)
54	Grant Strukel	FR	Blue Earth Area	--	17:09.9	1:12.9	5:31.1	3:26.0	5:12.4 (50)	10:55.4 (65)
55	Luke Olson	FR	Ely	25	17:10.3	1:13.3	5:31.3	3:26.0	5:08.9 (34)	10:51.1 (50)
56	Noah Cellar-Axley	JR	Greenway / Nashwauk	26	17:10.6	1:13.6	5:31.4	3:26.1	5:09.0 (35)	10:43.6 (36)
57	Dob Kintz	SR	Trinity School at River	27	17:11.2	1:14.2	5:31.6	3:26.2	5:11.6 (44)	10:52.7 (58)
58	Zack Anderson	JR	Spectrum High School	--	17:11.3	1:14.3	5:31.6	3:26.2	5:24.7 (109)	10:58.2 (69)
59	Symon Keiser	FR	Jordan	--	17:12.3	1:15.3	5:31.9	3:26.5	5:07.8 (31)	10:48.1 (43)
60	Jack Heun	JR	Watertown/Mayer	--	17:13.8	1:16.8	5:32.4	3:26.8	5:12.1 (47)	10:54.0 (63)
61	Zach Garza	JR	Mora	28	17:16.9	1:20.0	5:33.4	3:27.4	5:15.1 (67)	10:53.1 (59)
62	David Johnston	FR	Pelican Rapids	--	17:17.2	1:20.2	5:33.5	3:27.4	5:19.4 (78)	10:59.5 (70)
63	Samuel Stresemann	SR	G-F-W	29	17:18.1	1:21.1	5:33.8	3:27.6	5:27.3 (117)	11:09.4 (91)
64	Andrew Lechnir	SR	La Crescent	30	17:19.2	1:22.2	5:34.1	3:27.8	5:28.3 (121)	11:03.7 (77)
65	Josh Nordstrom	SR	Heritage Christian	--	17:19.8	1:22.8	5:34.3	3:27.9	5:24.8 (110)	11:03.0 (75)
66	Joshua Tastad	JR	Montevideo	--	17:19.9	1:22.9	5:34.3	3:28.0	5:11.5 (43)	10:53.9 (62)
67	Javier Victorino	JR	G-F-W	31	17:20.4	1:23.5	5:34.5	3:28.1	5:14.8 (65)	10:54.7 (64)
68	Hunter Gowin	SO	Breckenridge/Wahpeton--	--	17:21.6	1:24.6	5:34.9	3:28.3	5:09.4 (36)	10:49.7 (47)
69	Caleb Jones	JR	RAACHE Jaguars	--	17:22.0	1:25.1	5:35.0	3:28.4	5:17.2 (72)	11:01.5 (72)
70	Ben Andringa	FR	Crookston	--	17:24.2	1:27.2	5:35.7	3:28.8	5:09.6 (38)	10:53.8 (61)
71	Josh Bailey	SR	Benson/KMS	--	17:24.6	1:27.6	5:35.9	3:28.9	5:18.9 (77)	10:56.3 (66)
72	Alec Ille	JR	Blooming Prairie	--	17:25.2	1:28.2	5:36.1	3:29.0	5:14.3 (61)	10:51.3 (52)
73	Harris Anderson	FR	Math & Science Academy--	--	17:25.4	1:28.4	5:36.1	3:29.1	5:24.1 (104)	11:07.0 (85)
74	Jake Andres	SO	Pierz	--	17:25.6	1:28.6	5:36.2	3:29.1	5:24.4 (107)	11:06.9 (84)
75	Kaden Cameron	JR	WEM/JWP	--	17:25.8	1:28.8	5:36.3	3:29.2	5:12.6 (52)	10:52.7 (57)
76	Ryan Albrecht	JR	G-F-W	32	17:26.2	1:29.2	5:36.4	3:29.2	5:25.2 (113)	11:05.0 (82)
77	Jaxon Stucky	JR	Plainview-Elgin-Millville	--	17:26.3	1:29.3	5:36.4	3:29.3	5:16.3 (70)	11:02.0 (74)
78	Thomas Wilkin	JR	Trinity School at River	33	17:26.9	1:29.9	5:36.6	3:29.4	5:29.4 (130)	11:08.8 (89)
79	Nathan Budde	SR	Melrose Area	--	17:27.4	1:30.4	5:36.8	3:29.5	5:23.9 (102)	11:04.1 (78)
80	Braxton Thompson	SR	Lac Qui Parle Valley /	34	17:28.5	1:31.5	5:37.1	3:29.7	5:31.1 (141)	11:15.5 (108)
81	Landon Javens	JR	Mankato Loyola/Cleveland35	--	17:28.7	1:31.7	5:37.2	3:29.7	5:14.6 (63)	11:06.7 (83)
82	Dan Wilson	JR	Dilworth-Glyndon-Felton--	--	17:29.1	1:32.1	5:37.3	3:29.8	5:17.7 (73)	11:01.8 (73)
83	Nick Listrom	SR	Perham	36	17:29.5	1:32.6	5:37.5	3:29.9	5:17.9 (74)	11:04.6 (80)
84	Maxwell Gifford	SO	Minnehaha Academy	37	17:31.0	1:34.1	5:37.9	3:30.2	5:19.7 (79)	11:04.2 (79)
85	Austin Schroepfer	SR	Glencoe-Silver Lake	--	17:31.3	1:34.3	5:38.0	3:30.3	5:13.2 (55)	10:57.7 (68)
86	Peter Weber	JR	Minnehaha Academy	38	17:32.5	1:35.5	5:38.4	3:30.5	5:20.4 (83)	11:10.0 (92)
87	Jacob Tschida	SR	Pequot Lakes	39	17:32.6	1:35.7	5:38.5	3:30.5	5:18.0 (75)	11:04.8 (81)
88	Cole Fechner	JR	La Crescent	40	17:33.2	1:36.2	5:38.6	3:30.6	5:29.5 (132)	11:11.5 (96)
89	Justin Clarke	FR	Murray County Central	--	17:35.6	1:38.6	5:39.4	3:31.1	5:20.6 (85)	11:11.9 (97)
90	Micah Rentschler	SO	Mankato Loyola/Cleveland41	--	17:36.7	1:39.7	5:39.7	3:31.3	5:17.0 (71)	11:08.2 (87)
91	Max Maher	SR	New London-Spicer	42	17:37.7	1:40.7	5:40.1	3:31.5	5:28.6 (125)	11:13.0 (103)
92	Tony Fitzer	SR	Pequot Lakes	43	17:37.9	1:40.9	5:40.1	3:31.6	5:20.3 (82)	11:09.0 (90)
93	Matt Ergen	SR	Mora	44	17:38.9	1:41.9	5:40.5	3:31.8	5:23.4 (100)	11:11.5 (95)
94	Henry Leighton	SR	Trinity School at River Ridge45	--	17:39.2	1:42.2	5:40.6	3:31.8	5:21.3 (90)	11:07.8 (86)
95	Alex Baum	SR	Trinity School at River Ridge46	--	17:40.3	1:43.3	5:40.9	3:32.0	5:21.3 (91)	11:08.5 (88)
96	Noah Smith	FR	North Shore	--	17:40.3	1:43.3	5:40.9	3:32.1	5:22.5 (95)	11:16.9 (112)
97	Sam Rengo	SO	Esko	--	17:40.4	1:43.4	5:40.9	3:32.1	5:21.2 (89)	11:12.2 (99)
98	Anthony Guarnera	SO	Minnehaha Academy	47	17:41.7	1:44.7	5:41.4	3:32.3	5:21.9 (93)	11:12.5 (100)
99	Jack Williams	SR	Pine Island	--	17:42.0	1:45.0	5:41.5	3:32.4	5:14.7 (64)	11:01.5 (71)
100	Luke Ryan	JR	Holdingford	--	17:43.1	1:46.2	5:41.8	3:32.6	5:20.5 (84)	11:10.3 (93)
101	Cooper Lennox	FR	Mora	48	17:43.5	1:46.5	5:41.9	3:32.7	5:24.1 (103)	11:14.6 (106)
102	Camdan Nolop	FR	La Crescent	49	17:44.4	1:47.4	5:42.2	3:32.9	5:27.6 (118)	11:12.0 (98)
103	Terrence Palkki	SO	Greenway / Nashwauk-Keewatin50	--	17:44.5	1:47.5	5:42.3	3:32.9	5:23.0 (98)	11:13.2 (104)
104	Brady Omtvedt	JR	Mankato Loyola/Cleveland51	--	17:45.4	1:48.4	5:42.5	3:33.1	5:19.8 (81)	11:12.5 (101)
105	Hunter Grimm	SO	Lake City	52	17:45.7	1:48.7	5:42.7	3:33.1	5:30.9 (139)	11:21.7 (122)
106	Cole Willers	SR	Lake City	53	17:47.0	1:50.0	5:43.1	3:33.4	5:30.2 (137)	11:21.4 (119)
107	Brett Omtvedt	FR	Mankato Loyola/Cleveland54	--	17:49.6	1:52.6	5:43.9	3:33.9	5:26.2 (114)	11:23.0 (125)
108	Cole Nowacki	FR	East Grand Forks	--	17:50.5	1:53.5	5:44.2	3:34.1	5:18.8 (76)	11:11.1 (94)
109	Eli Grubbs	SR	Pine City High School	--	17:51.9	1:54.9	5:44.6	3:34.4	5:25.2 (112)	11:22.4 (124)
110	Will Pioske	JR	G-F-W	55	17:52.0	1:55.0	5:44.7	3:34.4	5:27.8 (119)	11:16.7 (111)
111	Mitch Johnstone	FR	Mankato Loyola/Cleveland56	--	17:52.1	1:55.1	5:44.7	3:34.4	5:26.3 (115)	11:24.1 (126)
112	Drew O'Hem	SR	St. Paul Academy & Summit School	--17:52.6	1:55.6	5:44.9	3:34.5	5:24.2 (105)	11:21.1 (118)	
113	Zeke Sather	8	Lac Qui Parle Valley / Dawson Boyd	5717:53.2	1:56.2	5:45.1	3:34.6	5:29.8 (135)	11:20.7 (116)	
114	Jordan Halstead	JR	G-F-W	58	17:53.2	1:56.2	5:45.1	3:34.6	5:35.8 (158)	11:30.2 (138)
115	Joel Ebel	SO	St. Cloud Cathedral	59	17:53.4	1:56.4	5:45.1	3:34.7	5:20.8 (87)	11:03.4 (76)
116	Jake Seitz	JR	Virginia	--	17:53.4	1:56.4	5:45.1	3:34.7	5:19.8 (80)	11:18.0 (113)
117	Jae Carlson	SR	Windom Area	60	17:53.8	1:56.8	5:45.3	3:34.8	5:33.8 (152)	11:24.6 (127)
118	Matt Bourne	SO	Mounds Park Academy	--	17:53.9	1:56.9	5:45.3	3:34.8	5:24.4 (108)	11:18.6 (114)
119	Cameron Alm	8	Windom Area	61	17:54.1	1:57.1	5:45.4	3:34.8	5:33.8 (154)	11:24.7 (128)
120	Carter Deichman	SO	Mankato Loyola/Cleveland62	--	17:54.4	1:57.4	5:45.5	3:34.9	5:22.1 (94)	11:15.5 (109)
121	Ryan Munter	SR	St. Cloud Cathedral	63	17:55.6	1:58.6	5:45.8	3:35.1	5:25.1 (111)	11:21.7 (121)
122	Tristan Thompson	JR	New London-Spicer	64	17:56.5	1:59.5	5:46.1	3:35.3	5:28.3 (122)	11:22.1 (123)
123	Peter Shaffer	FR	Minnehaha Academy	65	17:57.3	2:00.3	5:46.4	3:35.4	5:22.8 (97)	11:16.0 (110)
124	Adam Siira	SR	Perham	66	17:58.1	2:01.1	5:46.6	3:35.6	5:20.8 (88)	11:14.2 (105)
125	Nathan Drees	SR	Austin Pacelli	--	17:59.4	2:02.5	5:47.1	3:35.9	5:23.7 (101)	11:15.4 (107)
126	Brandon Ohara	FR	Perham	67	17:59.8	2:02.8	5:47.2	3:35.9	5:20.7 (86)	11:12.9 (102)
127	Wyatt Rauvola	SO	Cromwell-Wright / Floodwood--	--	18:00.1	2:03.1	5:47.3	3:36.0	5:29.1 (127)	11:25.6 (129)
128	Karl Brine-Doyle	SR	Pequot Lakes	68	18:00.8	2:03.8	5:47.5	3:36.2	5:29.9 (136)	11:29.2 (136)

129	Stephen Martin	JR	Lac Qui Parle Valley / Dawson B69	18:01.2	2:04.3	5:47.7	3:36.2	5:29.6 (134)11:20.9 (117)
130	Russell Pierzinski	FR	Pequot Lakes 70	18:01.4	2:04.4	5:47.7	3:36.3	5:32.3 (147)11:33.0 (144)
131	Joey Zalusky	SR	Mankato Loyola/Cleveland71	18:01.9	2:04.9	5:47.8	3:36.4	5:24.3 (106)11:27.9 (133)
132	Marty Fitzner	SR	Pequot Lakes 72	18:02.0	2:05.0	5:47.9	3:36.4	5:31.9 (146)11:29.7 (137)
133	Sam Nelson	SR	St. Cloud Cathedral 73	18:04.8	2:07.8	5:48.8	3:36.9	5:29.4 (131)11:26.7 (130)
134	Drake Swanson	SR	West Central Area 74	18:09.3	2:12.3	5:50.2	3:37.9	5:30.3 (138)11:28.9 (135)
135	Sam Person	SO	Pequot Lakes 75	18:11.1	2:14.1	5:50.8	3:38.2	5:32.8 (148)11:27.8 (132)
136	Charlie Cudd	SO	Trinity School at River Ridge76	18:11.2	2:14.2	5:50.9	3:38.2	5:33.7 (151)11:34.6 (147)
137	Jack Van Kempen	FR	West Central Area 77	18:11.4	2:14.5	5:50.9	3:38.3	5:34.8 (156)11:31.4 (140)
138	Clayton Teff	SR	St. Cloud Cathedral 78	18:13.1	2:16.1	5:51.5	3:38.6	5:22.7 (96) 11:19.3 (115)
139	Adam Jacobi	SR	Park Rapids Area --	18:13.8	2:16.8	5:51.7	3:38.8	5:21.4 (92) 11:28.2 (134)
140	Dane McCormick	SO	La Crescent 79	18:14.0	2:17.0	5:51.8	3:38.8	5:36.1 (161)11:41.3 (155)
141	Ben Lange	JR	New London-Spicer 80	18:15.2	2:18.2	5:52.2	3:39.0	5:33.0 (149)11:34.7 (148)
142	Dylan Carlson	SR	Greenway / Nashwauk-Keewatin81	18:16.1	2:19.1	5:52.4	3:39.2	5:23.1 (99) 11:21.6 (120)
143	Ty Bisek	8	New London-Spicer 82	18:16.2	2:19.3	5:52.5	3:39.2	5:35.8 (159)11:34.6 (146)
144	Patrick Green	FR	Windom Area 83	18:16.3	2:19.3	5:52.5	3:39.3	5:38.3 (164)11:32.2 (157)
145	Jacob Bohl	JR	G-F-W 84	18:17.0	2:20.0	5:52.7	3:39.4	5:36.0 (160)11:34.3 (145)
146	Cody Staydohar	JR	Greenway / Nashwauk-Keewatin85	18:18.0	2:21.0	5:53.0	3:39.6	5:27.9 (120)11:30.7 (139)
147	Nate Williams	SO	Mora 86	18:18.3	2:21.3	5:53.1	3:39.6	
148	Alex Tomczik	JR	St. Cloud Cathedral 87	18:18.6	2:21.6	5:53.2	3:39.7	5:29.5 (133)11:27.1 (131)
149	Cameron Dickey	FR	Cromwell-Wright / Floodwood--	18:20.6	2:23.6	5:53.9	3:40.1	5:28.6 (124)11:32.2 (142)
150	Cal McLellan	SR	La Crescent 88	18:22.4	2:25.4	5:54.5	3:40.5	5:36.2 (162)11:41.5 (156)
151	Ethan Hasz	JR	Ely 89	18:23.3	2:26.3	5:54.7	3:40.6	5:29.0 (126)11:37.1 (151)
152	Shane Corbett	FR	St. Cloud Cathedral 90	18:25.0	2:28.0	5:55.3	3:41.0	5:31.6 (145)11:35.0 (149)
153	Eean Allpress	SO	Lac Qui Parle Valley / Dawson91	18:25.3	2:28.3	5:55.4	3:41.1	5:31.3 (143)11:32.8 (143)
154	Ander Arnold	SO	New London-Spicer 92	18:28.1	2:31.1	5:56.3	3:41.6	5:34.6 (155)11:42.9 (159)
155	Blaine Brownell	SR	Nova Classical Academy--	18:29.9	2:32.9	5:56.9	3:42.0	5:27.1 (116)11:31.6 (141)
156	Kyle Schill	8	West Central Area 93	18:31.7	2:34.7	5:57.5	3:42.3	5:33.8 (153)11:42.4 (158)
157	Reese Anderson	7	Lake City 94	18:32.0	2:35.0	5:57.6	3:42.4	5:40.4 (168)11:48.0 (161)
158	Tristan Tew	JR	Minnehaha Academy 95	18:32.6	2:35.6	5:57.7	3:42.5	5:35.0 (157)11:41.1 (154)
159	Dominick Deieso	SR	St. Cloud Cathedral 96	18:34.4	2:37.4	5:58.3	3:42.9	5:29.2 (128)11:35.0 (150)
160	Brett Erickson	JR	Roseau/BGMR --	18:34.4	2:37.4	5:58.3	3:42.9	5:31.1 (142)11:45.2 (160)
161	Colby Deuth	FR	Lac Qui Parle Valley / Dawson 97	18:40.9	2:43.9	6:00.4	3:44.2	5:42.6 (172)11:53.0 (166)
162	Ben Johnson	FR	Lake City 98	18:41.5	2:44.6	6:00.6	3:44.3	5:39.1 (165)11:49.5 (163)
163	Will Nixon	SO	Trinity School at River Ridge99	18:42.9	2:45.9	6:01.0	3:44.6	5:31.6 (144)11:40.5 (153)
164	Quinn Bleick	SO	G-F-W 100	18:44.4	2:47.4	6:01.5	3:44.9	5:39.5 (166)11:52.4 (165)
165	Zach Scharpen	SO	Lake City 101	18:45.2	2:48.2	6:01.8	3:45.0	5:41.4 (170)11:54.7 (168)
166	Daniel Green	JR	Windom Area 102	18:46.1	2:49.1	6:02.1	3:45.2	5:39.8 (167)11:54.5 (167)
167	Ben Gustafson	JR	Ely 103	18:46.6	2:49.6	6:02.2	3:45.3	5:29.2 (129)11:49.0 (162)
168	Chase Veldhouse	JR	West Central Area 104	18:48.4	2:51.5	6:02.8	3:45.7	5:42.9 (173)11:57.8 (170)
169	Greg Peterson	FR	Greenway / Nashwauk-Keewati105	18:49.5	2:52.5	6:03.2	3:45.9	5:38.3 (163)11:50.0 (164)
170	Caden Lien	SO	New London-Spicer 106	19:04.3	3:07.3	6:07.9	3:48.8	5:43.6 (175)12:03.6 (173)
171	Isaac Laddusaw	FR	Minnehaha Academy 107	19:04.6	3:07.6	6:08.0	3:48.9	5:31.0 (140)11:56.2 (169)
172	Dylan Dechampeau	8	Greenway / Nashwauk-Keewatin108	19:05.6	3:08.6	6:08.3	3:49.1	5:42.5 (171)12:03.1 (171)
173	Tyson Prentice	JR	New London-Spicer 109	19:15.1	3:18.1	6:11.4	3:51.0	5:43.2 (174)12:03.6 (172)
174	Charlie Cruise	SO	Trinity School at River Ridge110	19:17.6	3:20.6	6:12.2	3:51.5	5:41.0 (169)12:04.6 (174)
175	Simon Stouffer	SR	Ely 111	19:21.3	3:24.3	6:13.4	3:52.2	5:28.3 (123)11:38.7 (152)
176	Raif Olson	FR	Ely 112	19:25.5	3:28.5	6:14.7	3:53.1	5:33.1 (150)12:05.0 (175)