

Spartans Duals Challenge Cross Country Meet - 8/29/2015
Johnson Park, Moorhead MN
Rankings

Boys 5k Run CC Varsity

Comp#	Name	School	Time	Points
1	200 Abaker, Muhend	11 Fargo South High School	17:06.70	
2	735 Franek, Jacob	12 West Fargo High School	17:07.18	1
3	117 Dowdell, David	11 Fargo North High School	17:21.63	
4	141 Luz, Alex	09 Fargo North High School	17:24.22	
5	239 Mendin, Menkeh	11 Fargo South High School	17:27.44	
6	700 Dullum, Jace	09 West Fargo High School	17:36.24	2
7	1075 Smith, Leo	10 Sheyenne High School	17:50.00	3
8	754 Mears, Drew	11 West Fargo High School	18:00.11	4
9	724 Emerson, John	11 West Fargo High School	18:01.71	5
10	235 Isahak, Munir	11 Fargo South High School	18:05.87	
11	534 Lantz, Mason	11 Shanley High School	18:14.20	
12	125 Evenson, Max	11 Fargo North High School	18:16.01	
13	251 Gruanue, Titus	11 Fargo South High School	18:35.17	
14	214 Fletcher, Isaiah	12 Fargo South High School	18:35.70	
15	1013 Coles, Kody	12 Sheyenne High School	18:45.32	6
16	138 Jones, Jeff	12 Fargo North High School	19:03.67	
17	1037 Wasem, Luke	10 Sheyenne High School	19:51.89	7
18	537 Klemz, Christian	11 Shanley High School	19:59.37	
19	1052 Pieper, James	12 Sheyenne High School	20:05.58	8
20	1012 Kensok, Ben	09 Sheyenne High School	20:05.63	9
21	255 Nelson, Christian	11 Fargo South High School	20:08.53	
22	162 Gates, John	11 Fargo North High School	20:09.22	
23	278 Stinar, Jacob	10 Fargo South High School	20:10.84	
24	181 Scraper, Bridger	09 Fargo North High School	20:12.88	
25	1050 Thielbar, Marcel	11 Sheyenne High School	20:14.13	10
26	1025 Schauer, Logan	10 Sheyenne High School	20:17.54	11
27	100 Aaland, August	11 Fargo North High School	20:23.39	
28	706 Milbrath, Jordan	09 West Fargo High School	20:29.86	12
29	1039 Fischer, Caleb	11 Sheyenne High School	20:30.64	
30	609 Isaac, Samuels	11 Breckenridge-Wahpeton XC	20:39.55	
31	772 Schock, Noah	12 West Fargo High School	20:56.27	13
32	254 Le, Duy	10 Fargo South High School	20:59.89	
33	538 Brock, Matt	12 Shanley High School	21:10.40	
34	616 Pearson, Brock	12 Breckenridge-Wahpeton XC	21:12.84	
35	185 Wognin, Ivan	11 Fargo North High School	21:32.01	
36	607 Haire, Zach	09 Breckenridge-Wahpeton XC	21:54.88	
37	539 Strinden, Jacob	12 Shanley High School	22:21.41	
38	619 Rittenour, Hunter	10 Breckenridge-Wahpeton XC	22:25.14	
39	603 Comeau, Logan	10 Breckenridge-Wahpeton XC	22:56.34	
40	620 Krack, Alex	11 Breckenridge-Wahpeton XC	23:21.71	
41	536 Conant, Kyle	11 Shanley High School	23:36.02	
42	613 Meyer, Mason	10 Breckenridge-Wahpeton XC	23:44.42	
43	608 Hirst, Jack	09 Breckenridge-Wahpeton XC	24:19.32	
44	622 Stach, Tommy	11 Breckenridge-Wahpeton XC	24:20.39	

Spartans Duals Challenge Cross Country Meet - 8/29/2015
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Rankings

Event 2 Boys 5k Run CC Varsity

Name	Year	School	Finals	Points
Breck/Wahp vs Fargo North 5000 Run				
3 Dowdell, David	11	Fargo North	17:21.63	1
4 Luz, Alex	09	Fargo North	17:24.22	2
12 Evenson, Max	11	Fargo North	18:16.01	3
16 Jones, Jeff	12	Fargo North	19:03.67	4
22 Gates, John	11	Fargo North	20:09.22	5
24 Scraper, Bridger	09	Fargo North	20:12.88	6
27 Aaland, August	11	Fargo North	20:23.39	7
30 Isaac, Samuels	11	Breck/Wahp	20:39.55	8
34 Pearson, Brock	12	Breck/Wahp	21:12.84	9
35 Wognin, Ivan	11	Fargo North	21:32.01	
36 Haire, Zach	09	Breck/Wahp	21:54.88	10
38 Rittenour, Hunter	10	Breck/Wahp	22:25.14	11
39 Comeau, Logan	10	Breck/Wahp	22:56.34	12
40 Krack, Alex	11	Breck/Wahp	23:21.71	13
42 Meyer, Mason	10	Breck/Wahp	23:44.42	14
43 Hirst, Jack	09	Breck/Wahp	24:19.32	
44 Stach, Tommy	11	Breck/Wahp	24:20.39	
Breck/Wahp vs Fargo South 5000 Run				
1 Abaker, Muhend	11	Fargo South	17:06.70	1
5 Mendin, Menkeh	11	Fargo South	17:27.44	2
10 Isahak, Munir	11	Fargo South	18:05.87	3
13 Gruanue, Titus	11	Fargo South	18:35.17	4
14 Fletcher, Isaiah	12	Fargo South	18:35.70	5
21 Nelson, Christian	11	Fargo South	20:08.53	6
23 Stinar, Jacob	10	Fargo South	20:10.84	7
30 Isaac, Samuels	11	Breck/Wahp	20:39.55	8
32 Le, Duy	10	Fargo South	20:59.89	
34 Pearson, Brock	12	Breck/Wahp	21:12.84	9
36 Haire, Zach	09	Breck/Wahp	21:54.88	10
38 Rittenour, Hunter	10	Breck/Wahp	22:25.14	11
39 Comeau, Logan	10	Breck/Wahp	22:56.34	12
40 Krack, Alex	11	Breck/Wahp	23:21.71	13
42 Meyer, Mason	10	Breck/Wahp	23:44.42	14
43 Hirst, Jack	09	Breck/Wahp	24:19.32	
44 Stach, Tommy	11	Breck/Wahp	24:20.39	
Breck/Wahp vs Shanley 5000 Run				
11 Lantz, Mason	11	Shanley High School	18:14.20	1
18 Klemz, Christian	11	Shanley High School	19:59.37	2
30 Isaac, Samuels	11	Breck/Wahp	20:39.55	3
33 Brock, Matt	12	Shanley High School	21:10.40	4
34 Pearson, Brock	12	Breck/Wahp	21:12.84	5
36 Haire, Zach	09	Breck/Wahp	21:54.88	6
37 Strinden, Jacob	12	Shanley High School	22:21.41	7
38 Rittenour, Hunter	10	Breck/Wahp	22:25.14	8
39 Comeau, Logan	10	Breck/Wahp	22:56.34	9
40 Krack, Alex	11	Breck/Wahp	23:21.71	10
41 Conant, Kyle	11	Shanley High School	23:36.02	11
42 Meyer, Mason	10	Breck/Wahp	23:44.42	12
43 Hirst, Jack	09	Breck/Wahp	24:19.32	
44 Stach, Tommy	11	Breck/Wahp	24:20.39	
Breck/Wahp vs Sheyenne 5000 Run				
7 Smith, Leo	10	Sheyenne	17:50.00	1

Spartans Duals Challenge Cross Country Meet - 8/29/2015**Johnson Park, Moorhead MN****Rankings**

....Event 2 Boys 5k Run CC Varsity				
15	Coles, Kody	12	Sheyenne	18:45.32 2
17	Wasem, Luke	10	Sheyenne	19:51.89 3
19	Pieper, James	12	Sheyenne	20:05.58 4
20	Kensok, Ben	09	Sheyenne	20:05.63 5
25	Thielbar, Marcel	11	Sheyenne	20:14.13 6
26	Schauer, Logan	10	Sheyenne	20:17.54 7
29	Fischer, Caleb	11	Sheyenne	20:30.64
30	Isaac, Samuels	11	Breck/Wahp	20:39.55 8
34	Pearson, Brock	12	Breck/Wahp	21:12.84 9
36	Haire, Zach	09	Breck/Wahp	21:54.88 10
38	Rittenour, Hunter	10	Breck/Wahp	22:25.14 11
39	Comeau, Logan	10	Breck/Wahp	22:56.34 12
40	Krack, Alex	11	Breck/Wahp	23:21.71 13
42	Meyer, Mason	10	Breck/Wahp	23:44.42 14
43	Hirst, Jack	09	Breck/Wahp	24:19.32
44	Stach, Tommy	11	Breck/Wahp	24:20.39
Breck/Wahp vs West Fargo 5000 Run				
2	Franek, Jacob	12	West Fargo	17:07.18 1
6	Dullum, Jace	09	West Fargo	17:36.24 2
8	Mears, Drew	11	West Fargo	18:00.11 3
9	Emerson, John	11	West Fargo	18:01.71 4
28	Milbrath, Jordan	09	West Fargo	20:29.86 5
30	Isaac, Samuels	11	Breck/Wahp	20:39.55 6
31	Schock, Noah	12	West Fargo	20:56.27 7
34	Pearson, Brock	12	Breck/Wahp	21:12.84 8
36	Haire, Zach	09	Breck/Wahp	21:54.88 9
38	Rittenour, Hunter	10	Breck/Wahp	22:25.14 10
39	Comeau, Logan	10	Breck/Wahp	22:56.34 11
40	Krack, Alex	11	Breck/Wahp	23:21.71 12
42	Meyer, Mason	10	Breck/Wahp	23:44.42 13
43	Hirst, Jack	09	Breck/Wahp	24:19.32
44	Stach, Tommy	11	Breck/Wahp	24:20.39
Fargo North vs Fargo South 5000 Run				
1	Abaker, Muhend	11	Fargo South	17:06.70 1
3	Dowdell, David	11	Fargo North	17:21.63 2
4	Luz, Alex	09	Fargo North	17:24.22 3
5	Mendin, Menkeh	11	Fargo South	17:27.44 4
10	Isahak, Munir	11	Fargo South	18:05.87 5
12	Evenson, Max	11	Fargo North	18:16.01 6
13	Gruanue, Titus	11	Fargo South	18:35.17 7
14	Fletcher, Isaiah	12	Fargo South	18:35.70 8
16	Jones, Jeff	12	Fargo North	19:03.67 9
21	Nelson, Christian	11	Fargo South	20:08.53 10
22	Gates, John	11	Fargo North	20:09.22 11
23	Stinar, Jacob	10	Fargo South	20:10.84 12
24	Scraper, Bridger	09	Fargo North	20:12.88 13
27	Aaland, August	11	Fargo North	20:23.39 14
32	Le, Duy	10	Fargo South	20:59.89
35	Wognin, Ivan	11	Fargo North	21:32.01
Fargo North vs Shanley 5000 Run				
3	Dowdell, David	11	Fargo North	17:21.63 1
4	Luz, Alex	09	Fargo North	17:24.22 2
11	Lantz, Mason	11	Shanley High School	18:14.20 3
12	Evenson, Max	11	Fargo North	18:16.01 4
16	Jones, Jeff	12	Fargo North	19:03.67 5

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....Event 2 Boys 5k Run CC Varsity

18	Klemz, Christian	11	Shanley High School	19:59.37	6
22	Gates, John	11	Fargo North	20:09.22	7
24	Scraper, Bridger	09	Fargo North	20:12.88	8
27	Aaland, August	11	Fargo North	20:23.39	9
33	Brock, Matt	12	Shanley High School	21:10.40	10
35	Wognin, Ivan	11	Fargo North	21:32.01	
37	Strinden, Jacob	12	Shanley High School	22:21.41	11
41	Conant, Kyle	11	Shanley High School	23:36.02	12
Fargo North vs Sheyenne 5000 Run					
3	Dowdell, David	11	Fargo North	17:21.63	1
4	Luz, Alex	09	Fargo North	17:24.22	2
7	Smith, Leo	10	Sheyenne	17:50.00	3
12	Evenson, Max	11	Fargo North	18:16.01	4
15	Coles, Kody	12	Sheyenne	18:45.32	5
16	Jones, Jeff	12	Fargo North	19:03.67	6
17	Wasem, Luke	10	Sheyenne	19:51.89	7
19	Pieper, James	12	Sheyenne	20:05.58	8
20	Kensok, Ben	09	Sheyenne	20:05.63	9
22	Gates, John	11	Fargo North	20:09.22	10
24	Scraper, Bridger	09	Fargo North	20:12.88	11
25	Thielbar, Marcel	11	Sheyenne	20:14.13	12
26	Schauer, Logan	10	Sheyenne	20:17.54	13
27	Aaland, August	11	Fargo North	20:23.39	14
29	Fischer, Caleb	11	Sheyenne	20:30.64	
35	Wognin, Ivan	11	Fargo North	21:32.01	
Fargo North vs West Fargo 5000 Run					
2	Franek, Jacob	12	West Fargo	17:07.18	1
3	Dowdell, David	11	Fargo North	17:21.63	2
4	Luz, Alex	09	Fargo North	17:24.22	3
6	Dullum, Jace	09	West Fargo	17:36.24	4
8	Mears, Drew	11	West Fargo	18:00.11	5
9	Emerson, John	11	West Fargo	18:01.71	6
12	Evenson, Max	11	Fargo North	18:16.01	7
16	Jones, Jeff	12	Fargo North	19:03.67	8
22	Gates, John	11	Fargo North	20:09.22	9
24	Scraper, Bridger	09	Fargo North	20:12.88	10
27	Aaland, August	11	Fargo North	20:23.39	11
28	Milbrath, Jordan	09	West Fargo	20:29.86	12
31	Schock, Noah	12	West Fargo	20:56.27	13
35	Wognin, Ivan	11	Fargo North	21:32.01	
Fargo South vs Shanley 5000 Run					
1	Abaker, Muhend	11	Fargo South	17:06.70	1
5	Mendin, Menkeh	11	Fargo South	17:27.44	2
10	Isahak, Munir	11	Fargo South	18:05.87	3
11	Lantz, Mason	11	Shanley High School	18:14.20	4
13	Gruanue, Titus	11	Fargo South	18:35.17	5
14	Fletcher, Isaiah	12	Fargo South	18:35.70	6
18	Klemz, Christian	11	Shanley High School	19:59.37	7
21	Nelson, Christian	11	Fargo South	20:08.53	8
23	Stinar, Jacob	10	Fargo South	20:10.84	9
32	Le, Duy	10	Fargo South	20:59.89	
33	Brock, Matt	12	Shanley High School	21:10.40	10
37	Strinden, Jacob	12	Shanley High School	22:21.41	11
41	Conant, Kyle	11	Shanley High School	23:36.02	12
Fargo South vs Sheyenne 5000 Run					

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....Event 2 Boys 5k Run CC Varsity

1	Abaker, Muhend	11	Fargo South	17:06.70	1
5	Mendin, Menkeh	11	Fargo South	17:27.44	2
7	Smith, Leo	10	Sheyenne	17:50.00	3
10	Isahak, Munir	11	Fargo South	18:05.87	4
13	Gruanue, Titus	11	Fargo South	18:35.17	5
14	Fletcher, Isaiah	12	Fargo South	18:35.70	6
15	Coles, Kody	12	Sheyenne	18:45.32	7
17	Wasem, Luke	10	Sheyenne	19:51.89	8
19	Pieper, James	12	Sheyenne	20:05.58	9
20	Kensok, Ben	09	Sheyenne	20:05.63	10
21	Nelson, Christian	11	Fargo South	20:08.53	11
23	Stinar, Jacob	10	Fargo South	20:10.84	12
25	Thielbar, Marcel	11	Sheyenne	20:14.13	13
26	Schauer, Logan	10	Sheyenne	20:17.54	14
29	Fischer, Caleb	11	Sheyenne	20:30.64	
32	Le, Duy	10	Fargo South	20:59.89	

Fargo South vs West Fargo 5000 Run

1	Abaker, Muhend	11	Fargo South	17:06.70	1
2	Franek, Jacob	12	West Fargo	17:07.18	2
5	Mendin, Menkeh	11	Fargo South	17:27.44	3
6	Dullum, Jace	09	West Fargo	17:36.24	4
8	Mears, Drew	11	West Fargo	18:00.11	5
9	Emerson, John	11	West Fargo	18:01.71	6
10	Isahak, Munir	11	Fargo South	18:05.87	7
13	Gruanue, Titus	11	Fargo South	18:35.17	8
14	Fletcher, Isaiah	12	Fargo South	18:35.70	9
21	Nelson, Christian	11	Fargo South	20:08.53	10
23	Stinar, Jacob	10	Fargo South	20:10.84	11
28	Milbrath, Jordan	09	West Fargo	20:29.86	12
31	Schock, Noah	12	West Fargo	20:56.27	13
32	Le, Duy	10	Fargo South	20:59.89	

Shanley vs Sheyenne 5000 Run

7	Smith, Leo	10	Sheyenne	17:50.00	1
11	Lantz, Mason	11	Shanley High School	18:14.20	2
15	Coles, Kody	12	Sheyenne	18:45.32	3
17	Wasem, Luke	10	Sheyenne	19:51.89	4
18	Klemz, Christian	11	Shanley High School	19:59.37	5
19	Pieper, James	12	Sheyenne	20:05.58	6
20	Kensok, Ben	09	Sheyenne	20:05.63	7
25	Thielbar, Marcel	11	Sheyenne	20:14.13	8
26	Schauer, Logan	10	Sheyenne	20:17.54	9
29	Fischer, Caleb	11	Sheyenne	20:30.64	
33	Brock, Matt	12	Shanley High School	21:10.40	10
37	Strinden, Jacob	12	Shanley High School	22:21.41	11
41	Conant, Kyle	11	Shanley High School	23:36.02	12

Shanley vs West Fargo 5000 Run

2	Franek, Jacob	12	West Fargo	17:07.18	1
6	Dullum, Jace	09	West Fargo	17:36.24	2
8	Mears, Drew	11	West Fargo	18:00.11	3
9	Emerson, John	11	West Fargo	18:01.71	4
11	Lantz, Mason	11	Shanley High School	18:14.20	5
18	Klemz, Christian	11	Shanley High School	19:59.37	6
28	Milbrath, Jordan	09	West Fargo	20:29.86	7
31	Schock, Noah	12	West Fargo	20:56.27	8
33	Brock, Matt	12	Shanley High School	21:10.40	9

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....Event 2 Boys 5k Run CC Varsity									
2 Breckenridge-Wahpeton XC	44	6	8	9	10	11	12	13	
Total Time: 1:49:08.75									
Average: 21:49.75									
Fargo North vs Fargo South 5000 Run									
1 Fargo South High School	25	1	4	5	7	8	10	12	
Total Time: 1:29:50.88									
Average: 17:58.18									
2 Fargo North High School	31	2	3	6	9	11	13	14	
Total Time: 1:32:14.75									
Average: 18:26.95									
Fargo North vs Shanley 5000 Run									
1 Fargo North High School	19	1	2	4	5	7	8	9	
Total Time: 1:32:14.75									
Average: 18:26.95									
2 Shanley High School	42	3	6	10	11	12			
Total Time: 1:45:21.40									
Average: 21:04.28									
Fargo North vs Sheyenne 5000 Run									
1 Fargo North High School	23	1	2	4	6	10	11	14	
Total Time: 1:32:14.75									
Average: 18:26.95									
2 Sheyenne High School	32	3	5	7	8	9	12	13	
Total Time: 1:36:38.42									
Average: 19:19.69									
Fargo North vs West Fargo 5000 Run									
1 West Fargo High School	28	1	4	5	6	12	13		
Total Time: 1:31:15.10									
Average: 18:15.02									
2 Fargo North High School	29	2	3	7	8	9	10	11	
Total Time: 1:32:14.75									
Average: 18:26.95									
Fargo South vs Shanley 5000 Run									
1 Fargo South High School	17	1	2	3	5	6	8	9	
Total Time: 1:29:50.88									
Average: 17:58.18									
2 Shanley High School	44	4	7	10	11	12			
Total Time: 1:45:21.40									
Average: 21:04.28									
Fargo South vs Sheyenne 5000 Run									
1 Fargo South High School	18	1	2	4	5	6	11	12	
Total Time: 1:29:50.88									
Average: 17:58.18									
2 Sheyenne High School	37	3	7	8	9	10	13	14	
Total Time: 1:36:38.42									
Average: 19:19.69									
Fargo South vs West Fargo 5000 Run									
1 Fargo South High School	28	1	3	7	8	9	10	11	
Total Time: 1:29:50.88									
Average: 17:58.18									
2 West Fargo High School	29	2	4	5	6	12	13		
Total Time: 1:31:15.10									
Average: 18:15.02									
Shanley vs Sheyenne 5000 Run									
1 Sheyenne High School	21	1	3	4	6	7	8	9	
Total Time: 1:36:38.42									
Average: 19:19.69									
2 Shanley High School	40	2	5	10	11	12			
Total Time: 1:45:21.40									
Average: 21:04.28									

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Rankings

Shanley vs West Fargo 5000 Run

1 West Fargo High School	17	1	2	3	4	7	8
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Total Time: 1:31:15.10

Average: 18:15.02

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Johnson Park, Moorhead MN

Rankings

....Event 2 Boys 5k Run CC Varsity

2 Shanley High School	41	5	6	9	10	11		
Total Time: 1:45:21.40								
Average: 21:04.28								
Sheyenne vs West Fargo 5000 Run								
1 West Fargo High School	24	1	2	4	5	12	13	
Total Time: 1:31:15.10								
Average: 18:15.02								
2 Sheyenne High School	33	3	6	7	8	9	10	11
Total Time: 1:36:38.42								
Average: 19:19.69								